

In view of the volatile situation surrounding the SARS/AP outbreak in Hong Kong, Orthopaedic Learning Centre has slow down the activities held in our centre for the purpose of infection control.

We supposed all activities will be resumed starting on July 2003 if the situation is positively stable.

In the mean time, all facilities of the centre including the library and computer service will continue their operation as normal.

Infection control in OLC

Our centre has taken and will continue to take extra measures to ensure the hygiene of our facilities:

- ✚ Disinfectant cleaning of our centre including door knobs, workstations, tables and books.
- ✚ Increasing the fresh air intake of our centre. All filters in our centre have been cleaned. Windows are open for better natural ventilation.
- ✚ Displaying notices that incorporate reminders of hygiene practices on the notice boards.
- ✚ Staffs and participants are required to wear facial mask in our centre to minimize health risk.

Advice to staffs and participants on precautions against SARS

- ✚ Wear surgical mask or N95 all the time while you are in the hospital compound and crowded area with restricted ventilation eg. Public transport
- ✚ Avoid touching objects where many people would touch eg. Door handles, elevator buttons
- ✚ Pay meticulous attention to handwashing, particularly after contact with nose, mouth and respiratory secretions
- ✚ Reinforce careful handwash practices
- ✚ Use liquid soap rather than bar soap for handwashing
- ✚ Carefully dispose of materials used to wipe respiratory secretions eg. Paper handkerchief – use disposable paper handkerchiefs, not cotton type
- ✚ Shower immediately after returning from work and change into clean clothes. Remember to wash hair and the spectacles.
- ✚ Open windows to increase natural ventilation
- ✚ Avoid using elevator, use staircases or escalators when possible
- ✚ Seek consultation at screening clinic, A & E department if you develop symptoms and signs compatible with SARS

- a) a fever of 38 degrees Celsius or above
- b) malaise, chills, headache and body ache
- c) chest X-rays showing changes compatible with pneumonia
- d) coughing, shortness of breath or difficulty in breathing