

17th CUHK-AADO
Comprehensive Bioskill Course on Fracture Fixation
Specialty theme: Comprehensive Management of Proximal Femoral Fractures in Elderly¹
December 8-10, 2007

Day 1 Saturday (December 8, 2007)

0800 Registration

I Introduction

0815	Welcome and introduction		10	KS Leung
0825	Principles of operative treatment of fractures	L	20	KS Leung
0845	Imaging techniques in fracture fixation	L	30	J Griffith

II Basic Techniques-Update

0915	Locked plate fixation – Principle and applications	L	20	K Koval
0935	Use of Cable wiring and K-wires in fractures	L	15	E Wong

0950 Break

1005	Bioskill Workshop - I : <i>Locked plates</i> Demonstrations Hands-on practice Locked plates Cable wiring	W	60	K Koval/ E Wong
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III Open fractures

1105	Open Fractures	L	20	KB Lee
1125	Case discussion	C	35	KB Lee

1200 Lunch

1245	Bioskill Workshop- II: <i>External Fixation</i> Demonstrations Hands-on practice Hoffmann II Upper limb- distal radius Lower limb- tibia Monotube- tibia	W	100	KB Lee KB Lee
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1425 Break

IV Major Intra-articular Fractures

1440	Major intra-articular fractures	L	25	SK Kou
1505	Bioskill Workshop III: <i>Intra-articular Fractures</i> Intercondylar humeral fractures Pilon fractures – Locked plate Demonstrations Hands-on practice	W	100	SK Kou
1645	Case discussion	C	30	SK Kou

1715 *Evaluation*

1725 End of Day 1 program *Announcements*

1800 *Evening tour (Sponsored by Stryker Pacific)*

¹ 29 November 2007

Day 2 Sunday (December 9, 2007)

Specialty theme day

Comprehensive Management of Proximal Femoral Fractures in the Elderly

0830 *Announcement*

V Fragility fractures of the Proximal Femur

0835 Fragility fractures in the elderly- A global problem L 20 K Koval

Comprehensive Management Program- I

0855 Geriatric preoperative and postoperative care L 30 D Dai

0925 Anaesthetic management of geriatric hip fracture patients L 30 PT Chui

0955 Orthopaedic care and protocol L 20 KS Leung

1015 Effective arrangement protocol L 15 WY Shen

1030 Break and Group Photo

Femoral neck fractures

1050 Internal fixation L 15 K Koval

1105 Replacement L 15 WY Shen

1120 Demonstration of Internal fixation D WY Shen
Surgical Navigation D N Tang

Trochanteric fractures

1150 Classification and treatment options L 15 KS Leung

1205 Plates and screw fixation L 15 K Koval

1220 Gamma nailing L 15 N Tang

1235 Complications of Gamma Nailing L 20 K Koval

1255 Lunch

1335 Bioskill Workshop *IV*-Trochanteric fractures W 60 WY Shen
Gamma nail

Demonstrations

Hands-on practice

1435 Case discussion L 45 K Koval/
WY Shen/
N Tang

1520 Break

Comprehensive management program – II

1540 Fall and Fracture prevention program L 20 J Chan

1600 Community fall and fracture prevention program L 20 KL Lam

1620 Fragility fracture network in China- a proposal L 10 KS Leung

VI Complications of Fractures

1630 Complications of fracture treatment L 20 K Koval

1650 Case discussion C 30 K Koval/
WY Shen

1730 *Evaluation*

Announcement

1735 End of Day 2 program

Banquet

Day 3 Monday (December 10, 2007)

0800 Announcement

VII Pelvic-acetabular Fractures

0805	Pelvic / Acetabular fractures	L	20	KS Leung
0835	Case discussion	C	45	KS Leung

0920 Break

0940	Bioskill Workshop <i>V-: Pelvic and Acetabular Fractures</i>	W	115	KS Leung N Tang KS Leung
	Demonstrations			
	Hands-on practice			
	External fixation			
	SI joint- plating			
	Pubic symphysis - plating			
	Posterior wall – plating			
	Sacral bar-demonstration			
	Demonstration of SI screw with Navigation	D	15	KS Leung

VIII Long Bone Fractures

1150	Long bone fractures	L	20	N Tang
1210	Complex proximal femoral fractures	C	30	N Tang
	Subtrochanteric fractures			
	Ipsilateral hip and shaft fractures			

1240 Lunch

1330	Live surgery – Fixation of Trochanteric fracture with Fluoro-navigation	D	60	KS Leung
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1430	Bioskill Workshop- <i>VI: Intramedullary Nailing</i>	W	90	N Tang
	Demonstrations			
	Hands-on practice			
	S2 femur			
	S2 tibia			
	Retrograde femoral nail			
	Demonstration of distal locking with Navigation			

1600 Break

IX Assessment

1620	Assessment	A	30	KS Leung
1650	<i>Evaluation</i>	A	10	
1700	Announcement of Prize and Presentation of Certificates of Attendance			KS Leung
1710	Concluding remarks			KS Leung

1720 End of course

Farewell