

Programme

- RUJ arthroscopy
- 6. Arthroscopic Wafer procedure
- 2. Arthroscopy in fracture management
 - 1. Arthroscopic treatment in distal radius fracture
 - 2. Acute scaphoid fracture
 - 3. Arthroscopic bone grafting for scaphoid nonunion
 - 4. Arthrolysis and contracture release
 - 5. Arthroscopic osteochondral transplant for cartilage defect
- 3. Ganglion and Synovitis
 - 1. Rheumatoid synovectomy
 - 2. Dorsal ganglionectomy
 - 3. Volar ganglionectomy
- 4. Carpal Instability
 - 1. ARIF in acute scapho-lunate dissociation
 - 2. Arthroscopic SL ligament reconstruction with PL graft
 - 3. Radial styloidectomy
 - 4. Arthroscopic carpectomy
 - 5. Arthroscopic limited carpal fusion
- 5. Complication of Wrist Arthroscopy

Hands-on Wrist Arthroscopy Workshop on Anatomical Specimens

9 May 2009 (Sat) 8:00 am– 5:00 pm

Course IA – Advanced Course

Contents:

- Live surgery demonstrations
- Volar portals
- TFCC repair
- Ganglionectomy
- Arthroscopic arthrolysis
- Arthroscopic bone grafting for scaphoid non-union
- Arthroscopic Wafer procedure
- Arthroscopic TFCC reconstruction with tendon graft
- Arthroscopic carpectomy
- Clinical case discussion

Course IB - Basic Course

Contents:

- Live surgery demonstrations
- Black box exercise for triangulation
- Radio carpal joint examination, understanding normal anatomy
- TFCC debridement
- Synovectomy
- Radial styloidectomy
- Mid-carpal joint examination, understanding normal anatomy
- Assessing carpal stability
- ARIF of scapholunate instability
- Clinical case discussion

Hands-on Wrist Arthroscopy Workshop on Anatomical Specimens (Repeated)

10 May 2009 (Sun) 8:30 – 5:00 pm

Course IIA – Advanced Course

Course IIB - Basic Course

* Contents are the same as on 9 May except without the live surgery demonstrations