

## **Clinical Workshop on Chronic Wrist Pain Management (8 May 2009)**

Venue: Seminar Room, laboratory, Orthopaedic Learning Centre, 1/F Li Ka Shing Specialist Clinic, North Wing, Prince of Wales Hospital

<b>Time</b>	<b>Topics</b>	<b>Speakers</b>
08:00-08:05	Welcoming and Introduction	PC Ho
<b>Understanding Approach to Chronic Wrist Pain Management</b> <i>Moderator: KY Choi, T Nakamura</i>		
08:05-08:15	1. Functional anatomy of wrist	C Wong
08:15-08:25	2. Patho-mechanics of wrist pain	T Nakamura
08:25-08:35	3. Etiology of chronic wrist pain	PT Chan
08:35-08:45	4. Physical examination of the wrist	HS Cheng
08:45-08:55	5. Imaging Analysis	J Griffith
08:55-09:10	6. Management of radial side wrist pain	P Jørgsholm
09:10-09:25	7. Management of central wrist pain	JR Haugstvedt
09:25-09:40	8. Management of ulnar wrist pain	L Pegoli
09:40-10:15	<b>Hands-on Workshop on Wrist Examination Skill</b>	PC Ho
10:15-10:30	<i>Discussion &amp; Tea Break</i>	
<b>Clinical Radiological Conference with Patient Demonstration</b> <i>Moderator: CH Wong, WL Tse</i>		
10:30-12:00	<i>Clinical assessment and discussion by faculty panel on cases of carpal instability, DRUJ instability, chronic wrist pain, wrist ganglion, post-traumatic and degenerative arthritis etc</i>	
12:00-13:00	<i>Lunch</i>	

## **Seminar on Advances in Wrist and Hand Arthroscopy (8 May 2009)**

Venue: Lecture Theatre, 2/F, Clinical Science Building, Prince of Wales Hospital

13:00-13:10	Presentation of Souvenir	
	<b>Mini symposium on TFCC lesion</b>	<i>Moderator: JR Haugstvedt</i>
13:10-13:20	1. Update on Classification of TFCC injury	JR Haugstvedt
13:20-13:28	2. TFCC debridement	L Pegoli
13:28-13:43	3. TFCC repair – From diagnosis to results	K Fujio
13:43-13:53	4. Arthroscopic TFCC reconstruction with tendon graft	WL Tse
13:53-14:01	5. DRUJ arthroscopy	T Nakamura
14:01-14:11	6. Arthroscopic Wafer procedure	K Fujio
14:11-14:25	<i>Discussion</i>	
<b>Arthroscopy in Fracture Management</b>		<i>Moderator: C Mathoulin</i>
14:25-14:35	1. Arthroscopic treatment in distal radius fracture	P Jørgsholm
14:35-14:45	2. Acute scaphoid fracture	P Jørgsholm
14:45-14:55	3. Arthroscopic bone grafting for scaphoid nonunion	WL Tse
14:55-15:03	4. Arthroscopic bone grafting for Kienbock Disease	L Pegoli
15:03-15:11	5. Arthroscopic osteochondral transplant for cartilage defect	PC Ho
15:11-15:25	<i>Discussion &amp; Break</i>	
<b>Ganglion and Synovitis</b>		<i>Moderator: L Pegoli</i>
15:25-15:35	1. Rheumatoid synovectomy	Sun
15:35-15:45	2. Dorsal ganglionectomy	Fujio
15:45-15:55	3. Volar ganglionectomy	C Mathoulin
15:55-16:05	<i>Discussion</i>	
<b>Carpal Instability &amp; Salvage Procedures</b>		<i>Moderator: K Fujio</i>
16:05-16:13	1. ARIF in acute scapho-lunate dissociation	Mathoulin
16:13-16:21	2. SL Shrinkage for SL Instability	K Fujio
16:21-16:31	3. Arthroscopic assisted SL ligament reconstruction with tendon graft	HW Yiu
16:31-16:41	4. Radial styloidectomy	T Nakamura
16:41-16:51	5. Arthroscopic carpectomy	PC Ho
16:51-17:01	6. Arthroscopic partial wrist fusion	PC Ho
17:01-17:10	<i>Discussion</i>	
<b>Small Joint Arthroscopy/ Complications of Arthroscopy</b>		<i>Moderator: P Jørgsholm</i>
17:10-17:20	Trapezio-metacarpal joint	C Mathoulin
17:20-17:30	Thumb MCPJ	KY Choi
17:30-17:40	Finger MCPJ and PIPJ	C Wong
17:40-17:50	Complication of wrist and hand arthroscopy	C Mathoulin

17:50-18:00	<i>Discussion + Group Photo</i>
<b>End of seminar</b>	