

Certificate Course for Family Physicians and General Practitioners
on
Maintaining Bone Health and Preventing Falls and Fractures in the Elderly
- *The Ortho-geriatric Discipline*

8-July-2009, 2:00 to 3:30pm, Moderator: Dr Ben Fong		
Introduction to this series of lunch seminars on fragility fracture	10	KS Leung
Fragility Fractures in the Elderly-		
A Global Orthopaedic Problem	30	
The Orthopaedic care and protocol	10	KS Leung
Q&A		
Community Bone Health and Fall Prevention Program		
The Medical Aspect	15	TP Lam
Monitor and Evaluation	15	Winnie Mak
Q&A	10	TP Lam / Yucca
12-August-2009, 2:00 to 3:30pm, Moderator: Dr Carl Wong		
Out-patient Geriatric Care for Elderly with Fragility Fractures	20	
Q&A	10	David Dai
Medical Treatment for Osteoporosis – An Update	20	
Q&A	10	TP Lam
Dietary Advice for Musculoskeletal Health in the Elderly	20	
Q&A	10	Terry Ting
23-Sept-2009, 2:00 to 3:30pm, Moderator: Dr Ben Fong		
Rehabilitation after geriatric fractures in gait, balance and exercise -		
What can we do in the clinic?	30	
Q&A	15	Jamie Lau
Fall Risk Assessment and Fall Prevention:		
What can We Do in the Outpatient Settings?	30	
Q&A	15	Barbara Chan
21-Oct-2009, 2:00 to 3:30pm, Moderator: Dr Mak Wing Kin		
Fall and Fracture Prevention:		
Footwear Assessment, Hip protector and Vibration Therapy	30	Claudia
Helping Elderly with Fragility Fracture:		
Guideline for the Care-givers	30	Winnie Mak
Q&A for enrolment into the		
Community Bone Health and Fall Prevention Program	30	Yucca, TP Lam