CUHK-OLC Surgeon Education Program:
The 38th AADO-OLC Comprehensive Bioskill Course on Fracture Fixation
Theme: Lower Limb Trauma
30 November – 1 December 2019
Orthopaedic Learning Centre
1/F Li Ka Shing Specialist Clinics North Wing, Prince of Wales Hospital, Hong Kong

Course Chairmen:
Dr Ning Tang  Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital
Dr Kin-bong Lee  Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital

Faculty:
Dr Tim King-him Chui  Associate Consultant, Department of Orthopaedics & Traumatology, Queen Elizabeth Hospital
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Dr Iris Sze-ling Ngai  Associate Consultant, Department of Orthopaedics & Traumatology, Queen Elizabeth Hospital
Dr Lung-fung Tse  Consultant, Department of Orthopaedics & Traumatology, Union Hospital
Dr Chi-yin Tso  Associate Consultant, Department of Orthopaedics & Traumatology, Prince of Wales Hospital
Dr Wan-yiu Shen  Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital
Dr Ronald Man-yeung Wong  Clinical Assistant Professor, Department of Orthopaedics and Traumatology, CUHK
Dr Edmund Leung-kai Yau  Associate Consultant, Department of Orthopaedics & Traumatology, Queen Elizabeth Hospital

30 November 2019

0800-0815  Registration
0815-0830  Welcome

Session 1: General Principles (I)
0830-0850  Less is More – Surgical planning & Reduction technique  WY Shen
0850-0910  Damage Control Surgery  KB Lee
0910-0930  Neck of Femur Fracture – Fixation & Arthroplasty  WY Shen
0930-1015  Case Discussion + Q&A + Group photo

1015-1030  BREAK

Session 2: General Principles (II)
1030-1050  Principles and Complications of Screws, K-wire, Wiring, Sutures etc.  LF Tse
1050-1110  Principles and Complications of Plating  WY Shen
1110-1130  Principles and Complications of Nailing  N Tang
1130-1200  Case Discussion + Q&A

1200-1300  LUNCH

Session 3: Workshop (I-IV)
1300-1330  Workshop I (Patella Fracture-k-wire, Cerclage, TBW)  LF Tse / Ronald MY Wong
1330-1400  Workshop II (Distal Femur Fracture – Lateral Plating)  CY Tso
1400-1445  Workshop III (Tibial Plateau Fracture- Lateral Approach, Meniscal Repair)  Ivan KC Ip / LF Tse /
1445-1530  Workshop IV (Pilon Fracture Fixation)  N Tang / CY Tso /  Ronald MY Wong

1530-1545  BREAK

Session 4: Workshop (V) and Case Discussion (Concurrent Session)
1545-1645  Workshop V Gamma Nailing  CY Tso / Ronald MY Wong
Interactive Discussion – Implant & Instrumentation Design  N Tang / WY Shen
1645-1700  Removal of Cephallomedullary Nails – What not to do?  WY Shen
1700-1730  Q&A
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### 1 December 2019

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<td>0815-0830</td>
<td>Registration</td>
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<tr>
<td>0830-0900</td>
<td><strong>Session 5: General Principles (III)</strong></td>
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<td>0900-0930</td>
<td>MIS Foot &amp; Ankle Fractures</td>
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<td>0930-1000</td>
<td>Patella Fractures</td>
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<td>1000-1015</td>
<td>Q&amp;A</td>
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<td>1015-1030</td>
<td><strong>BREAK</strong></td>
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<td>1030-1045</td>
<td>Bone and Joint Infection After Trauma</td>
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<td>1045-1100</td>
<td>Compartment Syndrome and Sudeck’s</td>
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<td>1100-1115</td>
<td>Neurovascular Injuries &amp; Wound Coverage</td>
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<td>1115-1130</td>
<td>Malunion, Delayed Union &amp; Nonunion</td>
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<td>1130-1215</td>
<td><strong>Session 8: Workshop (VI-VIII)</strong></td>
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<td>1215-1330</td>
<td><strong>LUNCH</strong></td>
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<td>1330-1500</td>
<td>Workshop VII (Medial Gastrocnemius Flap, Soleal Flap, Sural Flap)</td>
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<td>1500-1600</td>
<td>Workshop VIII</td>
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<td></td>
<td>(External Fixation- Cross Knee/ankle, Tibial Plateau fracture, Tibial Shaft Fracture)</td>
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<td>1600-1630</td>
<td>Q&amp;A, Case discussion- Participants</td>
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<td>1630-1700</td>
<td>Course assessment and Conclusion</td>
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### Remarks:

1) Pre-course cadaveric dissection instruction and implant manual will be sent to individual participant two weeks before the course.

2) Participants are encouraged to bring at least one clinical case for discussion using standard PowerPoint template.