CUHK-OLC Surgeon Education Program:
The 39th AADO-OLC Comprehensive Bioskill Course on Fracture Fixation
Special Theme: Upper Limb Trauma
25-26 April 2020
Orthopaedic Learning Centre
1/F Li Ka Shing Specialist Clinics North Wing, Prince of Wales Hospital, Hong Kong

Course Chairmen:
Dr Ning Tang
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Local Faculty:
Dr Ching-san Esther Chow
Associate Consultant, Department of Orthopaedics & Traumatology, United Christian Hospital
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Dr Edmund Chun-wa Wong
Consultant in Private Practice, Orthopaedics and Traumatology
Dr Yau-bun Wong
Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital
Dr Gary Wing-hang Yip
Associate Consultant, Department of Orthopaedics & Traumatology, Queen Elizabeth Hospital

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Registration

08:00-08:15
08:15-08:25 Welcome
Dr N Tang

Session 1: General Principles (I)
08:25-08:45 Clavicle fracture and ACJ injury
Dr Gary WH Yip
08:45-09:05 Complex fracture dislocation around shoulder
Dr YB Wong
09:05-09:25 Proximal humerus fracture (plating vs. nailing vs. arthroplasty)
Dr Edmund CW Wong
09:25-09:45 Humeral shaft fracture
Dr N Raymond Ng
09:45-10:05 Distal humerus fracture
Dr N Tang
10:05-10:25 Case Discussion + Q&A
Dr N Tang

10:25-10:40 BREAK

Session 2: General Principles (II)
10:40-11:00 Elbow challenges instability
Dr Esther CS Chow
11:00-11:20 Elbow challenges stiffness
Dr N Tang
11:20-11:40 Case Discussion + Q&A
Dr N Tang

11:40-12:40 LUNCH

Session 3: Workshop (I-III)
12:40-13:10 Workshop I
(Deltoperctoral approach + locking plate)
Dr N Tang / Dr CY Tso
13:10-14:10 Workshop II
(Transdeltoid approach + IM nail insertion approach demo)
Dr Edmund CW Wong / Dr Raymond Ng
14:10-15:10 Workshop III
(Anterior plating to humerus)
Dr N Tang / Dr CY Tso

15:10-15:30 BREAK

Session 4: Workshop (IV-V)
15:30-16:15 Workshop IV
(Antero-lateral approach to humerus)
Dr CY Tso / Dr Gary WH / Dr Raymond Ng
16:15-17:15 Workshop V
(Posterior approach + olecranon osteotomy +distal humerus plating)
Dr N Tang
17:15-17:30 Q&A
All
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26 April 2020

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:15-08:30</td>
<td>Registration</td>
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<tr>
<td>08:30-09:00</td>
<td>General Principles (III)</td>
<td>Radial head fracture and Olecranon fractures Dr Iris SL Ngai</td>
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<td>09:00-09:30</td>
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<td>Forearm fracture Dr LF Tse</td>
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<td>09:30-10:00</td>
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<td>Distal radius and ulna fracture Dr Iris SL Ngai</td>
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<td>10:00-10:15</td>
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<td>Case Discussion + Q&amp;A All</td>
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<td>10:15-10:30</td>
<td>Break</td>
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<td>10:30-10:45</td>
<td>Complications &amp; Workshop VI</td>
<td>Complications of UL injury Dr LF Tse</td>
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<td>10:45-11:45</td>
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<td>Workshop VI Dr Iris SL Ngai/ Dr Tim KH Chui</td>
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<td>11:45-12:00</td>
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<td>Q&amp;A All</td>
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<td>12:00-13:15</td>
<td>Lunch</td>
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<td>13:15-14:15</td>
<td>Workshop (VII-IX)</td>
<td>Workshop VII (Thompson approach and Henry approach) Dr Iris SL Ngai/</td>
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<td>14:15-15:30</td>
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<td>Workshop VIII (Kocher approach, Hinge elbow external fixation) Dr Tse LF/</td>
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<td>15:30-16:30</td>
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<td>Workshop IX (Bridging and Non-bridging external fixation) Dr N Tang</td>
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<td>16:30-17:00</td>
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<td>Q&amp;A, Case discussion - Participants Dr LF Tse</td>
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<td>17:00-17:30</td>
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<td>Course Assessment and Conclusion Dr N Tang</td>
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Remarks:
1) Pre-course cadaveric dissection instruction and implant manual will be sent to individual participant two weeks before the course.
2) Participants are encouraged to bring at least one clinical case for discussion using standard PowerPoint template.