

**CUHK-OLC Surgeon Education Program:  
The 40<sup>th</sup> AADO-OLC Comprehensive Bioskill Course on Fracture Fixation  
Special Theme: Upper Limb Trauma  
May 29-30, 2021**

**Orthopaedic Learning Centre  
1/F Li Ka Shing Specialist Clinics North Wing, Prince of Wales Hospital, Hong Kong**

**Course Chairman:**

**Dr Ning Tang** Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital

**Local Faculty:**

**Dr Ching-san Esther Chow** Consultant, Department of Orthopaedics & Traumatology, United Christian Hospital  
**Dr Tim King-him Chui** Associate Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital  
**Dr Raymond Wai-kit Ng** Associate Consultant, Department of Orthopaedics & Traumatology, Prince of Wales Hospital  
**Dr Iris Sze-ling Ngai** Consultant in Private Practice, Orthopaedics and Traumatology Associate Consultant, Department of Orthopaedics and Traumatology, United Christian Hospital  
**Dr Yuk-chuen Siu** Department of Orthopaedics and Traumatology, United Christian Hospital  
**Dr Lung-fung Tse** Consultant, Department of Orthopaedics and Traumatology, Union Hospital  
**Dr Chi-yin Tso** Associate Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital  
**Dr Edmund Chun-wa Wong** Consultant in Private Practice, Orthopaedics and Traumatology  
**Dr Yau-bun Wong** Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital  
**Prof Ronald Man-yeung Wong** Clinical Assistant Professor, Department of Orthopaedics and Traumatology, CUHK

**May 29, 2021**

<b>08:00-08:15</b>	<b>Registration</b>	
08:15-08:25	Welcome	Dr N Tang
<b>Session 1 : General Principles (I)</b>		
08:25- 08:45	Clavicle fracture & ACJ dislocation	Dr CY Tso
08:45-09:05	Complex fracture dislocation around shoulder (Ant.- post, acute –delayed)	Dr YB Wong
09:05-09:20	Proximal humerus fracture: plating/nailing	Dr Edmund CW Wong
09:20-09:35	Proximal humerus fracture: arthroplasty	Dr YC Siu
09:35-09:55	Humeral shaft fracture	Dr Raymond WK Ng
09:55-10:15	Distal humerus fracture	Dr N Tang
10:15-10:25	Case Discussion + Q&A	
<b>10:25-10:40</b>	<b>BREAK</b>	
<b>Session 2 : General Principles (II)</b>		
10:40-11:00	Elbow challenges instability	Dr Esther CS Chow
11:00-11:20	Elbow challenges stiffness	Dr N Tang
11:20-11:40	Case Discussion + Q&A	
<b>11:40-12:40</b>	<b>LUNCH</b>	
<b>Session 3 : Workshop (I-III)</b>		
12:40-13:10	<u>Workshop I</u> (Deltpectoral approach + locking plate)	Dr N Tang / Dr CY Tso
13:10-14:10	<u>Workshop II</u> (Transdeltoid approach + IM nail insertion approach demo)	Dr Edmund CW Wong/ Dr Raymond WK Ng
14:10-15:10	<u>Workshop III</u> (Anterior plating to humerus)	Dr N Tang / Dr CY Tso
<b>15:10-15:30</b>	<b>BREAK</b>	
<b>Session 4 : Workshop (IV-V)</b>		
15:30-16:15	<u>Workshop IV</u> (Antero-lateral approach to humerus)	Dr CY Tso/ Dr Raymond WK Ng
16:15-17:15	<u>Workshop V</u> (Posterior approach + olecranon osteotomy +distal humerus plating)	Dr CY Tso / Dr N Tang
17:15-17:30	Q&A	All

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**May 30, 2021**

<b>08:15-08:30</b>	<b>Registration</b>	
<b>Session 5 :</b>	<b>General Principles (III)</b>	
08:30-09:00	Radial head & olecranon fracture	Dr Iris SL Ngai
09:00-09:30	Forearm fracture	Dr LF Tse
09:30-10:00	Distal radius and ulna fracture	Dr Iris SL Ngai
10:00-10:15	Case Discussion + Q&A	All
<b>10:15-10:30</b>	<b>BREAK</b>	
<b>Session 6 :</b>	<b>Complications &amp; Workshop VI</b>	
10:30-10:45	Complications of UL injury	Dr LF Tse
10:45-11:45	<u>Workshop VI</u> (Volar and dorsal plating distal radius)	Dr Iris SL Ngai/ Dr Tim KH Chui
11:45-12:00	Q&A	All
<b>12:00-13:15</b>	<b>LUNCH</b>	
<b>Session 7</b>	<b>Workshop (VII-IX)</b>	
13:15-14:15	<u>Workshop VII</u> (Thompson approach and Henry approach)	Dr Iris SL Ngai/ Dr Ronald MY Wong
14:15-15:30	<u>Workshop VIII</u> (Kocher approach, Hinge elbow external fixation)	Dr Tse LF/ Dr Iris SL Ngai/
15:30-16:30	<u>Workshop IX</u> (Bridging and Non-bridging external fixation)	Dr LF Tse/ Dr N Tang
16:30-17:00	Q&A, Case discussion - Participants	Dr LF Tse
17:00-17:30	Course Assessment and Conclusion	Dr N Tang