

# Workshop on Ultrasonography: Musculoskeletal Ultrasound Imaging of Nerves of the Extremities and Injection Techniques

**Date:** 20 Apr 2024 (Sat)

**Time:** 08:30-12:30 (4 hours)

**Venue:** Orthopaedic Learning Centre, 1/F, Li Ka Shing Specialist Clinics (North Wing), Prince of Wales Hospital, Shatin, N.T., HKSAR

**Guest speaker:** Prof Manoj Kumar KARMAKAR

**Participants:** 10-15

**No. of tables:** 6 tables (2-3 parti per table)

**Content:**

Hands-on session with ultrasound and needling techniques on animal parts

**Accreditations:**

3 CME/ TP (HKCOS)

2 CME Rehab/ TP Rehab (HKCOS)

# Program rundown (20 Apr)

From	To	Duration	Description	Speaker
08:15	08:30	15 mins	Registration	-
08:30	09:00	30 mins	<ol style="list-style-type: none"><li>1. USG General Anatomy of upper and lower limbs</li><li>2. USG neuroanatomy including plexus</li><li>3. USG Blood flow (colour flow and velocity) assessment</li></ol>	Prof Manoj Kumar KARMAKAR
09:00	10:30	1.5 hours	Hands-on session of general and neuroanatomy USG	
10:30	11:00	30 mins	USG-guided needling technique demonstration: injection for tendon, hydrodissection, botox injection (neuromuscular), nerve block and trigger point	
11:00	12:30	1.5 hours	Hands-on session for USG-guided needling	