

Certificate Course for Family Physicians and General Practitioners
on
Maintaining Bone Health and Preventing Falls and Fractures in the Elderly
- *The Ortho-geriatric Discipline*

8-July-2009, 2:00 to 3:30pm, Moderator: Dr Ben Fong

Introduction to this series of lunch seminars on fragility fracture	10	KS Leung
Fragility Fractures in the Elderly- A Global Orthopaedic Problem	30	
The Orthopaedic care and protocol	10	KS Leung
Q&A		
Community Bone Health and Fall Prevention Program		
The Medical Aspect	15	TP Lam
Monitor and Evaluation	15	Winnie Mak
Q&A	10	TP Lam / Yucca

12-August-2009, 2:00 to 3:30pm, Moderator: Dr Carl Wong

Out-patient Geriatric Care for Elderly with Fragility Fractures	20	
Q&A	10	David Dai
Medical Treatment for Osteoporosis – An Update	20	
Q&A	10	TP Lam
Dietary Advice for Musculoskeletal Health in the Elderly	20	
Q&A	10	Terry Ting

23-Sept-2009, 2:00 to 3:30pm, Moderator: Dr Ben Fong

Rehabilitation after geriatric fractures in gait, balance and exercise - What can we do in the clinic?	30	
Q&A	15	Jamie Lau
Fall Risk Assessment and Fall Prevention: What can We Do in the Outpatient Settings?	30	
Q&A	15	Barbara Chan

21-Oct-2009, 2:00 to 3:30pm, Moderator: Dr Mak Wing Kin

Fall and Fracture Prevention: Footwear Assessment, Hip protector and Vibration Therapy	30	Claudia
Helping Elderly with Fragility Fracture: Guideline for the Care-givers	30	Winnie Mak
Q&A for enrolment into the Community Bone Health and Fall Prevention Program	30	Yucca, TP Lam