

**22nd CUHK-AADO
Comprehensive Bioskill Course on Fracture Fixation**

Specialty theme: External Fixation

April 17-18, 2010

Guest Speakers:

Professor Roberto Varsalona

Faculty:

Dr. WY Shen, Dr. KB Lee, Dr. HF Tsui, Dr. Edmond Wong, Dr. YB Wong, Dr. Bobby Ng, Dr. WL Tse, Dr. KL Liu, Dr. CS Chow

Venue:

Orthopaedic Learning Centre,
Prince of Wales Hospital
The Chinese University of Hong Kong
Shatin, Hong Kong

Scientific Program

Day 1	Saturday April 17, 2010	
0800	Registration	
0815	Welcome	Prof. KS Leung
0820	Introduction to external fixator – History and development	Dr. Varsalona
0830	Biomechanical principles in application	Dr. N Tang
0840	External fixator in damage control surgery	Dr, WY Shen/ Dr. KB Lee
0900	Definitive treatment with External Fixator-Span/Plan	Dr, WY Shen/ Dr. KB Lee
0920	Q&A and Case Discussion (I)	All
0940	Break	
	<i>Indications and application for acute injury I – UL</i>	
1000	Ext. fix. in humerus fracture	Dr. HF Tsui
1015	Hinge ext. fix. for upper limb injury	Dr. HF Tsui
1035	Workshop I – UL(Humerus #- Hoffmann II, Elbow –Hoffmann II & DJD, Demo- Orthofix hinge)	
1135	Q&A and Case Discussion (II)	Dr. HF Tsui
1200	Lunch	
1300	Ext .fix. in distal radius fracture	Prof. KS Leung
1320	Ext. fix. in hand injury	Dr. WL Tse/ Dr. CS Chow
1340	Q&A and Case Discussion (III)	Dr. WL Tse/ Dr. CS Chow
1400	Break	
1420	Workshop II – UL (DR#- Cross-joint, non-bridging; Demo: Orthofix-Hinge wrist Ext. fix, Hoffmann II compact; hand #-mini AO, Penni	ALL
1600	Q&A and case discussion (IV)	ALL
1630	Assessment & Conclusion for D1	Dr. N Tang

Day 2	Saturday April 18, 2010	
	<i>Indications and application for acute injury II – LL</i>	
0830	External fixation in lower limb injury	Dr. N Tang
0850	External fixation for articular and juxtaarticular fracture of lower limb	Dr. KB Lee/ Dr. Edmund Wong/ Dr. YB Wong
0920	Hybrid external fixator	Dr. Varsalona
0940	Q&A and Case discussion	Dr. Varsalona
	Break	
1020	<i>Workshop III – LL (AO-cross joint- Hoffmann, Tibia-Hoffmann II, Monotube, tibial plateau/ Pilon-Tenxor, Cross ankle)</i>	
	Lunch	
1300	Designs and new development of external fixator	Dr. Varsalona
1320	Special indications of external fixator (reconstruction, soft tissue protection, clavicle #, patella#)	Prof. KS Leung
1340	Late reconstruction with external fixator	Dr. Bobby Ng/ Dr. KL Liu
1420	Complications and aftercare of external fixation	Dr. KB Lee, Dr. Edmund Wong/ Dr. YB Wong
	Break	
1440	Workshop IV- (Ilizarov/Orthofix- lengthening, angular correction, transport, Compass Hinge-Soft tissue protection)	
1600	Q&A and case discussion (IV)	All
1630	Conclusion of course	