

Advance Knee Arthroscopy Workshop 2010

This is a 2 days program in advance knee arthroscopy and reconstructive surgery which include lectures and live surgical demonstration on day 1. There will be a practical hands on cadaveric workshop in the day 2 program which aim to improve the surgical techniques in meniscal repair, ligament reconstruction and patellar stabilization.

Organization:

Department of Orthopaedics & Traumatology, Prince of Wales Hospital

Department of Orthopaedics & Traumatology, Alice Ho Miu Ling Nethersole Hospital

Department of Orthopaedics & Traumatology, Faculty of Medicine, The Chinese University of Hong Kong

The Hong Kong Jockey Club Sports Medicine and Health Sciences Centre

CUHK-WHO Collaboration Centre for Sports Medicine & Health Promotion, The Chinese University of Hong Kong

Sports Medicine Chapter, Hong Kong Orthopaedic Association

Date: 25-26 Nov 2010

Venue: 25 Nov 2010 Alice Ho Miu Ling Nethersole Hospital

26 Nov 2010 Prince of Wales Hospital

Lectures and Live demonstration

Date: 25 Nov 2010 (Thursday)

Venue: Video Conference Hall, 4/F, Alice Ho Miu Ling Nethersole Hospital

Program

| Time | Topic | Speaker |
|-----------|---|------------------------|
| 0830-0900 | Registration | |
| 0900-0910 | Welcome Address | Prof. Chan |
| 0910-0940 | Radiology of common knee problems | Dr. Alex Ng |
| 0940-1000 | Meniscus injury, what should we do? | Dr. Wilson Li |
| 1000-1020 | Meniscus repair (How I do it?) | Dr. HM Ho |
| 1020-1040 | Surgical pearls in ACL reconstruction | Dr. WL Chan |
| 1040-1100 | Navigation ACL reconstruction | Dr. PY Ho |
| 1100-1120 | Tea Break | |
| 1120-1140 | ACL Reconstruction with remnant preservation | Prof. Ahn |
| 1140-1200 | PCL Injury, Do or NOT | Dr. KC Poon |
| 1200-1220 | Arthroscopic PCL Reconstruction using Posterior trans-septal portal | Prof. Ahn |
| 1220-1240 | Management of multiple ligament injury | Dr. YC Wun |
| 1240-1300 | Patellar Stabilization | Dr. WP Yau |
| 1300-1400 | Lunch | |
| 1400-1530 | Live demonstration PCL Reconstruction | Prof Ahn |
| 1530-1600 | Tea Break | |
| 1600-1700 | Case Discussion | Dr. KY Law / Dr. CK Lo |

Cadaveric Workshop

Date: 26 Nov 2010 (Friday)

Venue: Orthopaedic Learning Centre, Prince of Wales Hospital, Shatin

Station: 6-8

Facilitators: 4-6, Table instructors: 6-8

Program

| Time | Topic | Speaker |
|-----------|--|----------|
| 0830-0900 | Registration and Welcome address | |
| 0900-1330 | Cadaveric demonstration (Posterior Portals / Transeptal tech, ACLR, Mensicus repair) | Prof Ahn |
| 1100-1115 | Tea break | |
| 1330-1500 | Lunch | |
| 1500-1530 | Meniscus repair | Practice |
| 1530-1600 | Demonstration of patellar stabilization | Practice |
| 1600-1730 | Patellar stabilization | Practice |
| 1730-1800 | Presentation of certificate and Closing address | |