

Clinical Workshop and Symposium on Chronic Wrist Pain Management

Date: 1st November 2011

Venue: Kai Chong Tong, PEC

Moderator: CH Yen

Clinical Approach to Ulnar Wrist Pain:

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|---------------|---|----------------------|
| 08:15 – 08:30 | Registration | |
| 08:30 – 08:40 | Welcome speech | PC Ho |
| 08:40 – 08:50 | Classification of Wrist Pain – 3 column principle | WL Tse |
| 08:50 – 09:05 | Pathoanatomy of ulnar Wrist Column | WL Tse |
| 09:05 – 09:20 | Extra-articular causes of Ulnar Wrist Pain | Lu-yuan Sun |
| 09:20 – 09:35 | Imaging Studies on Ulnar Wrist Pain | Alex Ng |
| 09:35 – 09:50 | Non-operative management of wrist pain | Polina Yeung |
| 09:50 – 10:05 | Occupational therapist's perspectives | Joe Wong |
| 10:05 – 10:20 | Ulnar Impaction Syndrome | Jeff Ecker |
| 10:20 - 10:35 | DRUJ Arthritis | CH Yen |
| 10:35 – 11:05 | Tea Break and Group Photo | |
| 11:05 – 11:20 | Piso-triquetral problems | Wei-jen Chen |
| 11:20 – 11:35 | TFCC Injury: Diagnosis and Repair | Wen-Dong Xu |
| 11:35 – 11:50 | TFCC tears according to EWAS Atzei Stages: what is the real distribution about 150 cases? | Christophe Mathoulin |
| 11:50 – 12:05 | Diagnosis and arthroscopic repair for TFCC foveal injury | Keiji Fujio |
| 12:05 – 12:20 | Arthroscopic TFCC reconstruction | Clara Wong |
| 12:20 – 12:35 | Hamate tip syndrome | Max Haerle |
| 12:35 – 12:40 | Mid-Carpal Instability | PC Ho |
| 12:40 – 13:00 | Discussion | |

Lunch

Clinical Workshop on Wrist Pain Management

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|---------------|--|----------------------|
| 14:00 – 14:15 | Presentation of Souvenirs | |
| 14:15 – 14:30 | Radial Wrist Pain | Jeff Ecker |
| 14:30 – 14:45 | Arthroscopic Management of SNAC2 with partial implant and SLAC 2 by wide styloidectomy and interposition | Christophe Mathoulin |
| 14:45 – 15:00 | Physical examination of the Wrist | PC Ho |
| 15:00 – 15:10 | Demonstration on examination technique | PC Ho |
| 15:10 – 15:30 | Hands-on practice | Group |
| 15:30 – 15:45 | Tea | |
| 15:45 – 17:45 | Case conference Moderator: Esther Wong | |
| 17:45 – 18:00 | Closing Remarks | |

Hands-on Wrist Arthroscopy Cadaveric Workshop

Advanced Course - Workshop Day I Advance

2nd Nov 2011 (Wednesday) 8:00am –5:00pm

The CUHK Jockey Club Minimally Invasive Surgical Skills Centre, 3/F Li Ka Shing Specialist Clinic,
North Wing, Prince of Wales Hospital

Moderator: YK Lau

Tutors: Keiji Fujio, Mathoulin, Nakamura, PC Ho, Sally Cheng, WL Tse, PT Chan, CH Wong, KY Choi

| Time | Topics | Demonstrated by |
|--------------------------------------|--|--|
| 08:15 – 08:30 | <i>Welcome remark</i> | |
| 08:30 – 09:00 | <i>(Live surgery demonstration)</i> | |
| 09:00 – 10:45 | TFCC – capsular and fovea repair | Keiji Fujio Nakamura Mathoulin Max Haerle |
| 10:45-11:00 | <i>Break</i> | |
| 11:00-11:45 | Arthroscopic dorsal capsuloligamentous repair in scapholunate dissociation | Mathoulin |
| 11:45-12:30 | Arthroscopic radio-carpal fusion | PC Ho |
| <i>Discussion & Lunch</i> | | |
| 13:30-14:20 | Arthroscopic bone grafting for scaphoid non-union | Sally Cheng |
| 14:20-15:10 | Scapho-lunate ligament reconstruction | PC Ho |
| 15:10-16:30 | Arthroscopic TFCC reconstruction with tendon graft | WL Tse |
| 16:30-17:00 | <i>Case Discussion & Photo Taking (in OLC)</i> | |
| <i>End of Program</i> | | |

Hands-on Wrist Arthroscopy Cadaveric Workshop

Advanced Course - Workshop Day II Advance

3rd Nov 2011 (Thursday) 8:30am –5:00pm

The CUHK Jockey Club Minimally Invasive Surgical Skills Centre, 3/F Li Ka Shing Specialist
Clinic,
North Wing, Prince of Wales Hospital

Moderator: YK Lau

Tutors: Keiji Fujio, Mathoulin, Nakamura, PC Ho, Clara Wong, WL Tse, PT Chan, CH Wong, KY Choi

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| <i>End of Program</i> | | |

Hands-on Wrist Arthroscopy/ECTR Cadaveric Workshop

Basic Course - Workshop Day I Basic

2nd Nov 2011 (Wednesday) 8:00am –5:00pm
Orthopaedic Learning Centre, 1/F Li Ka Shing Specialist Clinic,
North Wing, Prince of Wales Hospital

Moderator: WL Chan

Tutors: Jeff Ecker, Max Haerle, LY Sun, Wen-Dong Xu, CS Chow, TC Wong, Wei-jen Chen, CH Yen

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| 08:15 – 08:30 | <i>Welcome remark</i> | |
| 08:30 – 09:00 | <i>Live surgery demonstration</i> | |
| 09:00 – 09:15 | Basic setup and instruments | Chow CS |
| 09:15 – 09:30 | Exercise for triangulation | Wong TC |
| 09:30 – 10:25 | Radio carpal joint examination, understanding normal anatomy | Wen-Dong Xu |
| <i>Break</i> | | |
| 10:40 – 11:35 | Mid-carpal joint examination, understanding normal anatomy | Jeff Ecker |
| 11:35 – 12:30 | Synovectomy and ganglionectomy | LY Sun |
| <i>Discussion & Lunch</i> | | |
| 13:30-14:30 | Assessing carpal stability | Max Haerle |
| 14:30-15:30 | TFCC debridement | LY Sun |
| 15:30-16:30 | Radial styloidectomy | Chen Wei-jen |
| 16:30-17:00 | <i>Case Discussion & Photo Taking</i> | |
| <i>End of Program</i> | | |

Hands-on Wrist Arthroscopy/ECTR Cadaveric Workshop

Basic Course - Workshop Day II Basic

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