

CUHK-OLC Surgeon Education Program:
The 15th Arthroscopy Workshop
The 5th Shoulder Arthroscopy Course
25th – 26th February 2012

Day 1 - February 25, 2012

Objectives

- i. Understand indication and principles of arthroscopic shoulder surgery*
- ii. Competent in diagnostic arthroscopy of the shoulder*
- iii. Arthroscopic knot tying technique*
- iv. Arthroscopic shoulder stabilization procedures and labral repair*
- v. Arthroscopic subacromial decompression*
- vi. Arthroscopic rotator cuff repair: techniques and options*

TIME	TOPICS	FACULTY	LOCATION
08:30 - 08:50	Registration		Reception
08:50 - 08:55	Welcome Speech 1	Prof. SY Chen	Seminar Room
08:55 - 09:00	Welcome Speech 2	Dr. YC Wun	Seminar Room
09:00 - 09:30	Lecture I : Shoulder Arthroscopy – Body position, setup, portals & bleeding control	Dr. JW Chen	Seminar Room
09:30 - 10:00	Lecture II : Shoulder arthroscopy : the portal anatomy & anatomical variants	Dr. YC Wun	Seminar Room
10:00 - 10:30	Lecture III : Technical Pearls in Soft tissues Repair and Reconstruction in Shoulder	Dr. HL Ma	Seminar Room
10:30 - 10:45	Discussion, Q & A	All	Seminar Room
10:45 - 11:00	Tea Break		Lobby
11:00 - 11:30	Lecture IV : Diagnosis and Management of Anterior Shoulder Instability: Decision making & Technical Pearls	Dr. CK Lo	Seminar Room
11:30 - 12:00	Lecture V : Diagnosis and Management of SLAP Lesion: Decision making & technical Pearls	Prof. SY Chen	Seminar Room
12:00 - 12:30	Discussion, Q & A	All	Seminar Room
12:30 - 13:30	Lunch		Lobby
Cadaveric Workshop I			
13:30 - 15:15	Demonstration followed by Participants' hands-on practice I) Knot Tying Techniques II) Shoulder Diagnostic Arthroscopy	All Dr. HL Ma Dr. JW Chen	Laboratory
15:15 - 15:30	Tea Break		Lobby
Cadaveric Workshop II			
15:30 - 18:00	Demonstration followed by Participants' hands-on practice I) Instability Surgery: Reattachment of capsulolabral complex (SLAP included)	All Prof. SY Chen/ Dr. JW Chen	Laboratory
18:00 - 18:15	Discussion, Q & A	All	Laboratory
18:30	Course Dinner	All	Royal Park Hotel

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Day 2 - February 26, 2012

Objectives

- i. Understand indication and principles of arthroscopic shoulder surgery*
- ii. Competent in diagnostic arthroscopy of the shoulder*
- iii. Arthroscopic knot tying technique*
- iv. Arthroscopic shoulder stabilization procedures and labral repair*
- v. Arthroscopic subacromial decompression*
- vi. Arthroscopic rotator cuff repair: techniques and options*

TIME	TOPICS	FACULTY	LOCATION
08:45 - 09:00	Registration		Reception
09:00 - 09:30	Lecture VI: Arthroscopic intervention of subacromial impingement, Rotator cuff tear and tendinopathy	Dr. HL Ma	
Cadaveric Workshop III			
09:30 - 13:45	Demonstration followed by Participants' hands-on practice I) Subacromial decompression II) Biceps Tenodesis III) Arthroscopic rotator cuff repair (Double Row Technique)	All Dr. HL Ma Dr. HL Ma Dr. HL Ma	Laboratory
13:45 - 14:15	Discussion, Q & A, Evaluation & Closing Remark <i>Souvenir presentation to Dr HL Ma, Dr JW Chen, Dr KP Chow, Dr HM Ho, Dr CY Lau, Dr YK Lau, Dr CK Lo</i>	All	Seminar Room Seminar Room
14:15 - 15:00	Light Lunch	All	Lobby