

CUHK-OLC Surgeon Education Program:  
The 53rd Orthopaedic Trauma Workshop  
**The 3<sup>rd</sup> AADO-OLC Advanced Trauma Forum**

(Conducted in Mandarin)

Specialty Theme: Surgical Principles and Complications of Fracture Fixation

**第三届 AADO-OLC 高级创伤讨论会**

专题：骨折固定原则和并发症治疗（普通话教学）

**DAY 1 第一天 (5 May 2012)**

0900-0905 Welcome 欢迎

**Principles of Fracture Fixation I 固定骨折的原则 I**

0905-0935 **Fracture Overview (healing, Biomechanics, etc.) 骨折治疗概述**

0935-0955 **Principles and complications of Nailing, Tricks to prevent them**  
髓内钉的应用技巧和并发症的防止

0955-1015 **Principles and complications of plating and screws, Tricks to prevent them**  
钢板和螺钉的应用技巧和并发症的防止

1015-1025 Q&A 问答

1025-1035 Break 小休

**Principles & Complications of Femur Fracture Fixation 固定股骨骨折的原则和并发症**

1035-1105 **Proximal Femur fractures 股骨近端骨折**

1105-1135 Proximal Femur cases for discussion 临床案例分享 (Total 3 cases)

1135-1205 **Distal Femur fractures 股骨远端骨折**

1205-1235 Distal Femur cases for discussion 临床案例分享 (Total 3 cases)  
术后感染-左股骨干中下段髁间髁上粉碎型骨折股骨髁粉碎性骨折

1235-1330 Lunch 午餐

**Principles of Fracture Fixation II 固定骨折的原则 II**

1330-1350 **Minimally-invasive Techniques in Trauma Surgery 创伤外科微创技术**

1350-1410 **Treatment of Infected Fractures 受感染下骨折的治疗**

1410-1420 Q&A 问答

**The System of Orthopaedic Practice in Hong Kong(I) 香港医疗制度和骨科培训 (I)**

1420-1450 **Ward visit 病房参观**

1450-1500 Break 小休

## **Principles & Complications of Tibia Fracture Fixation 固定胫骨骨折的原则和并发症**

- 1500-1530 **Tibial Plateau fractures 胫骨平台骨折**
- 1530-1550 Tibial plateau cases for discussion 临床案例分享 (2 cases)
- 1550-1620 **Distal Tibia fractures 胫骨远端骨折**
- 1620-1640 Distal tibia cases for discussion 临床案例分享 (2 cases)
- 1640-1700 Other tibia cases for discussion 台下临床案例分享  
锁定钢板结合 VSD 一期治疗严重胫腓骨开放性骨折  
胫腓骨粉碎骨折

Banquet 宴会

## **DAY 2 第二天 (6 May 2012)**

### **Principles in Management of High Energy Trauma 高能量创伤的处理原则**

- 0830-0900 **Damage Control Surgery 损伤控制性手术**
- 0900-0930 **Pelvic-acetabular fractures 骨盆髌臼骨折**
- 0930-1000 High energy trauma cases for discussion 临床案例分享 (Total 3 cases)  
多发伤  
骨盆骨折、髌关节脱位并左髌臼、股骨头骨折
- 1000-1010 Break 小休

### **Principles & Complications of Upper limb Fracture Fixation 固定上肢骨折的原则和并发症**

- 1010-1030 **Proximal humerus and humeral shaft fractures 肱骨近端和骨幹骨折**
- 1030-1050 Humeral fracture cases for discussion 临床案例分享 (Total 2 cases)  
游离腓骨(皮)瓣移植修复上肢长段骨缺损
- 1050-1110 **Elbow fractures 肘部骨折**
- 1110-1130 Elbow fracture cases for discussion 临床案例分享 (Total 2 cases)  
肘关节脱位尺骨冠状突粉碎骨折
- 1130-1150 **Distal radius fractures 桡骨远端骨折**
- 1150-1210 Other upper limb fracture cases for discussion 临床案例分享  
桡骨远端掌侧解剖板固定胸锁关节脱位  
尺桡骨粉碎骨折术后骨折不愈合钢板断裂
- 1210-1240 **Short Quiz 简短测验**

### **The System of Orthopaedic Practice in Hong Kong(II) 香港医疗制度和骨科培训 (II)**

- 1240-1255 The Hong Kong experience 香港经验分享
- 1255-1300 Concluding remarks 总结