

Upcoming Programs

20th CUHK-AADO Comprehensive Bioskill Course on Fracture Fixation Minimal Invasive Surgery in Orthopaedic Trauma

Date: 25-26 April 2009
 Aim: To set the standards of operative treatment of fractures and to introduce the principles and recent advances in operative treatment of fractures
 Program Structure: Lectures, OT relay, demonstration and hands-on workshop
 Accreditation: 8 training points or 8 Cat A CME points (HKCOS)
 Registration: Please refer to our website www.olicuhk.org for update information

Train-the-trainer Workshop on Fall and Fracture Prevention

Date: 27 April 2009
 Target Participants: Occupational therapists, physiotherapists and other allied healthcare professionals
 Program Structure: Lectures and workshop
 Accreditation: Pending
 Registration: Please refer to our website www.olicuhk.org for update information

2009 Musculoskeletal Imaging Workshop

Date: 28 April 2009
 Target Participants: Basic and clinical scientists, biomedical engineers, technologists, postgraduate students, and related personnel who are interested in biotechnologies developed for musculoskeletal translational research and clinical applications
 Program Structure: Lectures and workshop
 Accreditation: Pending
 Registration: Please refer to our website www.olicuhk.org for update information

Education and Training of Orthopaedic Surgeons- Challenges and Changes

Date: 30 April 2009
 Target Participants: Orthopaedic surgeons, educationists and trainees, nurses, paramedical, anaesthetists, geriatricians, patients and related industries
 Program Structure: Forum
 Accreditation: Pending
 Registration: Please refer to our website www.olicuhk.org for update information

Hong Kong International Wrist Arthroscopy Workshop and Seminar 2009 Managing Chronic Wrist Pain – Key to Success

Date: 8-10 May 2009
 Target Participants: Orthopaedic surgeons and trainees
 Program Structure: Lecture, seminar, hands-on workshop, clinical case demonstration and discussion
 Accreditation: Pending
 Registration: Please refer to our website www.olicuhk.org for update information

For updated or other course information please visit our web site: www.olicuhk.org

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Editor's Notes

As you may have noticed, the OLC will celebrate its 10th Anniversary this year. Apart from organising the celebration programs, OLC is transforming, based on our experience in the past 10 years and our vision into future orthopaedics training and education. There will be a completely new look of the centre, not so much in the space, but in the concepts and visions that come with the new demands for surgeon training and education.

The themes on which we would like the Centre to evolve are:

1. Advanced technologies to facilitate learning and training;
 2. Open platforms for self-participation and evaluation;
 3. Facilitating Clinical Services and as well as Research into Computer Assisted Orthopaedic practices;
 4. Environmental friendly and green settings.
- With the Centre ISO-9001 certified, we pledge to provide the ever-improving services of orthopaedic education and training.

I would invite you all to join our 10th Anniversary program from April 24-May 10, 2009.
 Professor KS Leung, Director

Editorial Board

Dr. Kwok Hing CHIU (Editor in chief)
Prof. Kwok Sui LEUNG
Ms. Cassia Tang

Orthopaedic Learning Centre

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Celebrating 10 Years of Dedication to Orthopaedics Education and Training

Date	Programs in celebration weeks	Organiser
24 Apr 2009	10th Anniversary Ceremony	OLC
25-26 Apr 2009	The 20th CUHK- AADO Comprehensive Bioskill Course on Fracture Fixation Minimal Invasive Surgery in Orthopaedic Trauma	Dr. WY Shen, Dr. N Tang
27 Apr 2009	Train-the-trainer Workshop on Fall and Fracture Prevention (PSDAS)	Ms. J Chan, Ms. Y Chan
28 Apr 2009	Research Program 2009 Musculoskeletal Imaging Workshop	Prof. L Qin, Prof. L Cheung
29 Apr 2009	Departmental Clinical Conference	Dept. of O&T, CUHK
30 Apr 2009	Educational Forum Education and Training of Orthopaedic Surgeons- Challenges and Changes	HKCOS, OLC RAB Hyperguide
1-2 May 2009	The 14th Advanced OLC Course: Computer-Assisted Orthopaedic Surgery (CAOS) Workshop Symposium	OLC, CCAS, CAOS-A
3 May 2009	Computer Assisted Tumor Surgery (CATS) Workshop Symposium	Dr. KC Wong, OLC
3 May 2009	Nurse Course: Cast Workshop	Ms. J Lai (AADO Nurse Subcommittee), OLC
8-10 May 2009	Hong Kong International Wrist Arthroscopy Workshop and Seminar 2009 Managing Chronic Wrist Pain – Key to Success	Dr. PC Ho, OLC

Dept. of O&T – Department of Orthopaedics and Traumatology
 OLC – Orthopaedic Learning Centre
 HKCOS – Hong Kong College of Orthopaedic Surgeons
 CCAS – The Chinese Society of Computer Assisted Surgery

AADO – Asian Association for Dynamic Osteosynthesis
 RAB Hyperguide – Orthopaedic Hyperguide, Regional Advisory Board
 CAOS-A – Computer Assisted Orthopaedic Surgery – Asia

Finger Joint Arthroplasty Symposium and Workshop

(13 September 2008)

Dr. WL Tse

Visiting guest: Professor Yoshitaka MINAMIKAWA
Honorary speaker: Dr. Pak, Cheong HO
Course directors: Dr. Tak Chuen WONG / Dr. Wing Lim TSE
Local faculty: Dr. Chi Hung YEN, Hi Shan CHENG



The “Finger Joint Arthroplasty Symposium and Workshop” held on 13 September 2008 was a comprehensive whole day program composed of a symposium and live surgical demonstration in the morning, together with a 4-hour hands-on workshop in the afternoon. This program was presented by the Hong Kong Society for Surgery of the Hand in response to rising demand and expectation of patients with degenerative and inflammatory joint disease of hands.

The morning symposium composed of a lecture delivered by Professor Yoshitaka Minamikawa from Tokyo Hand Surgery Sports Medicine Institute, Japan, who designed his own self locking finger joint implant which is a surface replacement titanium implant with locking screw to improve implant fixation on phalangeal and metacarpal bones. The local results in pyocarbon finger joints replacement and silicon finger joints replacement were reported by local surgeons Dr. Sally Cheng and Dr. WL Tse. There was a fruitful sharing of ideas and experience and the impressive result of Professor Minamikawa also enlightened our view on application of finger joint implant replacement.

The live surgical demonstration was relayed to OLC seminar room and everybody was impressed by the skillful demonstration and detailed description by Professor Minamikawa in executing the SLFJ arthroplasty.

The afternoon workshop was a cadaveric dissection workshop which allowed the participants to practice the dorsal and volar approaches to the proximal interphalangeal joint and dorsal approach for metacarpophalangeal joints for finger joint implantation. There were 11 candidates and every candidate could practice on implantation of both the self locking finger joint implant as well as the silicon finger joint spacer. We hope that this kind of comprehensive weekend symposium (symposium, live surgical demonstration and hands-on workshop) can stimulate the interest and provide a more consolidate understanding of the latest advance in Hand surgery in the field of treatment of degenerative joint disease of hand.



cruciate ligament reconstruction in the saw bone. Meniscus models and cartilage repair kits were also provided for them to practice various methods of meniscal repair.

There were 20 participants attending the workshop. The course ended in great success and excellent feedback from the participants.

With the advances of technology and maturation of skills, more and more reconstructive surgery can be performed with the use of arthroscopy. This workshop had provided a chance for the participants to learn the basic arthroscopic reconstructive technique and appreciate the advantage of arthroscopic surgery.

Microsurgery Basic Course

(2-6 December 2008)

Program organiser: Prof. LK Hung

Instructor: Dr. Edmund Cheung

The basic microsurgical course focused on a higher level of basic skills in microvascular surgery by means of intense laboratory practice.

It consisted of 20 hours laboratory practice over 5 days in the “Clustered Course” structure. The course had a fully structured programme: starting from the basic suturing technique to free flap transplantation with step by step instructions demonstrated by videos and a course manual.



Practical Arthroscopy Workshop 2008

(28 November 2008)

Dr. Eric PY Ho

The Practical Arthroscopy Workshop was a one day program held on 28th Nov 2008, co-organised by Sports Medicine Chapter of Hong Kong Orthopaedic Association, CUHK-WHO Collaboration Centre for Sports Medicine and Health Promotion and Department of Orthopaedics and Traumatology, The Chinese University of Hong Kong.



This one day workshop consisted of lectures to provide updated knowledge from basic arthroscopic techniques in knee and shoulder to the more advance techniques in arthroscopic reconstruction surgeries such as reconstruction of the anterior and posterior cruciate ligament, meniscal repair and cartilage surgery.

Prof. Feng Hua from Ji Shui Tan Hospital, Beijing, China was invited as a guest speaker and table instructor in the workshop. During the workshop, Prof. Feng had delivered two lectures which inspired us on his combined suture technique for repairing the bucket-handle meniscal tear and the inlay technique for posterior cruciate ligament reconstruction.

There were three sessions of hands-on workshop instructed by experienced local surgeons including Dr. James Cheng, Dr. Wilson Li, Dr. HM Ho, Dr. YC Wun, Dr. KC Poon and Dr. WL Chan. In the morning session, the participants could have a chance to perform knee arthroscopy in a knee model. They could practice to establish the various portals in knee arthroscopy under the guidance of local faculties. In the afternoon session, Dr. HM Ho and Dr. James Cheng had demonstrated the methods of performing single bundle and double bundles anterior cruciate ligament reconstruction in saw bone model. After the demonstration, the participants were able to perform the anterior

Program Summary – July to December 2008

Course Name	Date	Invited Speakers (Overseas)	Participants	
			Target	Number
Maintaining Bone Health and Preventing Falls and Fractures in the Elderly – A Workshop for Nurses, Allied Health Professionals and Social Workers (PSDAS)	14 Jul 2008 & 4 Oct 2008		Nurses, Allied Health Professionals and Social Workers	99
Finger Joint Arthroplasty Symposium and Workshop	13 Sep 2008	Prof. Yoshitaka Minamikawa (Japan)	Orthopaedic Trainees and Surgeons	10
HKOA Pre-congress: Practical Arthroscopy Workshop 2008	28 Nov 2008	Prof. Hua FENG (China)	Orthopaedic Surgeons from Asia Pacific Region	20
Symposium on Computer Navigation in MIS THA	1 Dec 2008	Dr. Lawrence D. Dorr (USA)	Orthopaedic Surgeons	10
Microsurgery Basic Course	2-6 Dec 2008		Orthopaedic Trainees and Surgeons	10
The 19th CUHK-AADO Comprehensive Bioskill Course on Fracture Fixation	13-15 Dec 2008	Prof. Arie B. van Vugt (Netherland)	Orthopaedic and Trauma Surgeons	23
Maintaining Bone Health and Preventing Falls and Fractures in the Elderly (PSDAS)	14 Dec 2008		Family Physicians and General Practitioners	30