



Learn and Practice to Serve Better

香港中文大學
矯形外科及創傷學進修培訓中心
Orthopaedic Learning Centre
The Chinese University of Hong Kong
NEWSLETTER



Jan, 2004 Issue 4

Editor's notes

Year 2003 was a hard year to us. Our Centre has cancelled one fifth of the courses during the SARS outbreak. However, it also reminds us the importance of continuous improvement on technology and surgical skills for the coming new challenge - former SARS patients who are in grips of avascular necrosis.

In the coming half year, our Centre will launch various courses for surgeons and nurses. We highlight some new courses in page 4 including new Basic Microsurgery Course, Workshop in Surgical Navigation in Orthopaedics and Traumatology, Advanced Trauma Course and Workshop in Wound Management. We hope that our Centre can continue offering courses that can improve professional skills to serve the community.

Happy New Year 2004!

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Program Highlight

Commissioned Trained on Bioglioma Surgery on 2 March 2003

Organized by Department of Surgery

Division on Neurosurgery, CUHK



Advanced Trauma Workshop – Fluoro-Navigation
in Orthopaedic Trauma on 18 Sep 2003

Organized by Department of Orthopaedics &
Traumatology, CUHK

Workshop on Ankle Deformity Correction with Ilizarov Frame
on 11 November 2003

Organized by Hong Kong Orthopaedic Association



Endoscopic Assisted Microsurgery
on 17 November 2003

Organized by Department of Surgery

Division of Plastic & Reconstructive Surgery, CUHK

Program Report

AADO Certificate Course in Orthopaedics & Traumatology for Nurses – Class 9

第九屆矯形外科及創傷學護士證書課程

Ms Grace Li

The course started on 10, September 2003. Like the previous courses, this course was focusing on trauma nursing related to relevant bone and joint surgery.

Planning started in early November 2002. The Certificate Course Class 9 was originally scheduled to be started in June 2003. However, due to the unexpected and deadly strike of SARS crisis happened in March, the course was postponed, firstly to July, thence, to a later date or next year. Under the critical situation, there was a strong inclination of canceling it this year. But the chairman and council members had a strong intension of holding the course in spite of the difficulties. The course committee also strongly supported this intension. With a lots of hard working from the members of the organizing committee, Class 9 of our Certificate Course for Orthopaedics & Traumatology for Nurse was finally launched in September 2003.

There were totally 83 nurses from 18 hospitals applying the course. We could only accept 50 applicants who were currently working in the Orthopaedic wards or Orthopaedic teams in the operating theatres. The course content were kept as fruitful as the previous courses and which included 36 sessions of lectures and field visits to wards and operating theatres in various hospitals. We had

also organized some interested hands-on workshops for both ward and theatre nurses in order that they could have the opportunity to practice through the return demonstration. One unique feature for this course was the arrangement of group presentation by the course members. It would serve as a practical test on their understanding about the updated or new trend knowledge on trauma. It was also a good mean to initiate self learning and exploration for professional knowledge. Another aim was to test their collaborative ability and presentation skill among different hospitals.

This is a valuable and exciting opportunity for nurses who are looking to advance their professional knowledge and skill. We welcome all nurses especially in related specialty to join this course and we are looking forward to seeing you next year.



Program Summary

| Course Name | Date | Invited Speakers | Participants | |
|--|---------------------------|--|--|--------|
| | | | Target | Number |
| Total Knee Replacement Course for Chinese Surgeons 全膝關節置換課程 | 8 Jan 2003 | Dr. Kwok Hing Chiu, Hong Kong | Chinese Surgeons | 10 |
| Workshop in Endoscopic Spinal Discectomy 後腰內窺鏡手術工作坊 | 17-18 Jan 2003 | Dr. John Chiu, USA Dr. Hans Werner Schumacher, Germany Dr. Kwai Yau Fung, Hong Kong | International and Local Surgeons | 36 |
| Orthopaedic Sports Medicine Group Meeting cum ISAKOS Travelling Fellowship Symposium | 25 Feb 2003 | Dr. Frank Dawson, Chile Dr. Benno Ejnisman, Brazil Dr. Nestor Rendon, Argentina Dr. Eduardo Zamudio, Chil | International and Local Surgeons | 25 |
| Commissioned Training in Glioma Surgery | 2 Mar 2003 | Prof. Mitchel S Berger, USA | International and Local Surgeons | 46 |
| Workshop on 6-strands Flexor Tendon Repair | 19 May 2003 | Prof. Leung Kiim Hung, Hong Kong | Local Surgeons | 10 |
| AADO Certificate Course in Orthopaedics & Traumatology for Nurses – Class 9 第九屆矯形外科及創傷學護士證書課程 | 10 Sep 2003 – 27 May 2004 | Local Faculty | Orthopaedic Nurses | 50 |
| Advanced Trauma Workshop – Fluoro-Navigation in Orthopaedic Trauma | 18 Sep 2003 | Prof. Kwok Siu Leung, Hong Kong Dr. Ning Tang, Hong Kong Dr. Patrick Yung, Hong Kong | International and Local Surgeons | 17 |
| Workshop on Ankle Deformity Correction with Ilizarov Frame | 11 Nov 2003 | Dr. Douglas Beaman, USA | International and Local Surgeons | 21 |
| Workshop on Minimally Invasive Therapy in Spine | 16 Nov 2003 | Dr. John Chiu, USA Dr. Kwai Yau Fung, Hong Kong Dr. Sheung Wai Law, Hong Kong | International and Local Surgeons | 16 |
| Endoscopic Assisted Microsurgery | 17 Nov 2003 | Dr. M-El Shazly, Egypt | Local Surgeons | 10 |
| CUHK - AADO Comprehensive Bioskill Workshop in Fracture Fixation (X) 第十屆骨折固定技術綜合課程 | 13-15 Dec 2003 | Dr. R Varsalona, Italy Prof. James Griffith, Hong Kong Dr. Chi Chung Kong, Hong Kong Dr. Sio Kei Kou, Hong Kong Dr. Tsz Ping Lam, Hong Kong Prof. Kwok Sui Leung, Hong Kong Dr. Wan Yiu Shen, Hong Kong Dr. Ning Tang, Hong Kong Dr. Hon For Tsui, Hong Kong | Orthopaedic Surgeons from Asia Pacific Regions | 34 |

Program Announcement

Calendar January – July 2004

| Date | Course Name | Organizer | Program Director | Accreditation | Target Participants |
|---------------------------------|--|---------------------------------|------------------|---|--|
| 4-6 Jan | Basic Microsurgery Course 顯微手術基礎課程 | Dept. of O & T, CUHK | Prof. LK Hung | 5 CME Points or Training Points (HKCOS) | Local Surgeons |
| 7 Mar | Polytrauma Workshop 多發性創傷護理工作坊 | AADO (Nurse Subcom.) | Ms J Lai | To be confirmed | Nurses and junior Orthopaedic Trainees |
| 28 Mar | Workshop in Trauma Management with Cast Application 創傷後之護理及石膏模型工作坊 | AADO (Nurse Subcom.) | Ms J Lai | 5.5 HACNE Points (HACNE) | Nurses and junior Orthopaedic Trainees |
| 3-5 Apr | CUHK - AADO Comprehensive Bioskill Course in Fracture Fixation (XI) 第十一屆骨折固定技術綜合課程 | Dept. of O & T, CUHK AADO | Prof KS Leung | 8 CME Points or Training Points (HKCOS) | Orthopaedic Surgeons from Asia Pacific Region |
| 17-19 Apr | Basic Microsurgery Course 顯微手術基礎課程 | Dept. of O & T, CUHK | Prof. LK Hung | 5 CME Points or Training Points (HKCOS) | Local Surgeons |
| 23 May | Workshop in Wound Management 傷口處理工作坊 | AADO (Nurse Subcom.) | Ms J Lai | To be confirmed | Orthopaedic Nurses |
| 10 Jun 2004 – 24 Feb 2005 | AADO Certificate Course in Orthopaedics & Traumatology for Nurses – Class 10 第十屆矯形外科及創傷學護士證書課程 | AADO (Nurse Subcom.) | Ms G Li | 38.4 contact hours (Assigned by NAON) HACNE to be confirmed | Orthopaedic Nurses |
| 26-27 Jun | The Fifth Advanced Bioskill Workshop in Total Joint Replacement 第五屆高級全關節置換技術課程 | Dept. of O & T, CUHK HA | Dr KH Chiu | 5 Training Points (HKCOS) | Advanced Orthopaedic Trainees |
| 10-11 Jul | Advanced Trauma Course Soft Tissue Reconstruction in Orthopaedic Trauma 高級創傷進修班 — 軟組織創傷重建手術 | Dept. of O & T, CUHK | Prof KS Leung | To be confirmed | Local and Overseas Orthopaedic Surgeons |

Regular Program

| | | | | | |
|---|--|-------------------------|---------------|-----------------|--|
| 3 hours session (Book in advance) | Workshop in Surgical Navigation in Orthopaedics and Traumatology 骨科手術導航系統工作坊 | Dept. of O & T, CUHK | Prof KS Leung | To be confirmed | Local and Overseas Orthopaedic Surgeons |
|---|--|-------------------------|---------------|-----------------|--|

AADO: Asian Association for Dynamic Osteosynthesis

CUHK: Chinese University of Hong Kong

*Dept of O & T: Department of Orthopaedics and
Traumatology*

HACNE: Hospital Authority Continuous Nursing Education

HKCOS: The Hong Kong College of Orthopaedic Surgeons

NAON: National Association of Orthopaedic Nurses

For updated course information please visit our web site: www.olc-cuhk.org

Coming Program

Advanced Trauma Course – Soft Tissue Reconstruction in Orthopaedic Trauma

高級創傷進修班 — 骨科創傷的軟組織重建

Aim: To provide the latest concepts and techniques on new surgical technology to exploring alternative treatments.

Program Structure: This course covers a comprehensive surgical approach to soft tissue reconstruction in orthopaedic trauma. It includes didactic lectures, specimen demonstration and hands-on practice sessions.

Invited Guest Speaker: Prof. Alain C Masquelet - Orthopaedic and Reconstructive Surgery, University of Paris France

Target participant: Surgeons with 1-3 years experience

Number of Places available: 24

Duration: 2 days

Basic Microsurgery Course

顯微手術基礎課程

Aim: To provide basic micro-surgery training for surgeons in acute management of traumatic peripheral neuro-vascular injuries, amputations and free flaps reconstruction for open fractures and tumor resections. Latest technologies in microsurgery will be introduced in the course.

Program Structure: The 3 days program consists of 6 sessions with live demonstration in animals, video demonstration and hands-on workshops.

Target participant: Surgeons with 1-3 years experience

Number of Places available: 10

Duration: 3 days



Surgical Navigation in Orthopaedics and Traumatology

骨科手術導航系統工作坊

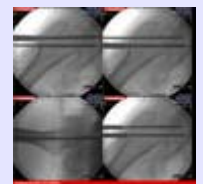
Aim: To enhance techniques on using surgical navigation system in orthopaedic trauma, joint reconstruction and spinal surgery.

Program Structure: The program is designed for one-to-one tutorial basis. All tutors are experienced in surgical navigation in Orthopaedics and Traumatology. Special audio-visual supports, tutorial materials and technician support are available during the workshop.

Target participant: Orthopaedic surgeons with 3-6 years experience

Number of Places available: 1-2 participants per session

Duration: 3 hours



Workshop in Wound Management

傷口處理工作坊

Aim: To enhance the knowledge of principles and management on trauma wound and increase knowledge on selection of suture and dressing material

Program Structure: This course provides an opportunity for practical experience and understanding of the required management skills in debridement and boxing glove. The program consists of lectures and hands-on workshops.

Target participant: Orthopaedic or OT nurse with 2 years experience

Number of Places available: 30

Duration: 1 day

