

2023 Hong Kong International Wrist Arthroscopy Workshop

Basic ALL-YOU-NEED-TO-KNOW Course

3 December 2023 (Sunday), 08:30 – 17:15

Minimally Invasive Surgical Skills Center (MISSC),

3/F Li Ka Shing Specialist Clinic (North Wing), Prince of Wales Hospital

Moderator: SC Koo

Table Instructors: Mark Baratz, YK Lee, Emily Yip

Time	Topics
08:30 – 08:50	Welcome Remarks & House Keeping
08:50 – 12:00 40 min Lecture 2.5 hours for Practical	<p>Mini-lecture</p> <ul style="list-style-type: none"> • Introduction to Basic Setup, Instruments & Triangulation (SC Koo, 10 Min) • Radiocarpal Joint Arthroscopy & Synovectomy (YK Lee, 10 Min) • Mid-carpal Joint Arthroscopy & Carpal Instability Assessment (Emily Yip, 10 Min) • Arthroscopic Assisted Reduction & Pinning of SL Instability(Esther Chow, 10 Min) <p>Group Practical for</p> <ul style="list-style-type: none"> • Exercise for Triangulation • Radiocarpal Joint Arthroscopy & Synovectomy • Midcarpal joint arthroscopy & Carpal Instability Assessment • Arthroscopic Assisted Reduction & Pinning of SL Instability
12:00 – 12:50	Discussion, Photo Taking & Lunch
12:50 – 17:00 40 min Lecture 3.5 hours for Practical	<p>Mini-lecture</p> <ul style="list-style-type: none"> • Arthroscopic Radial Styloidectomy (G Herzberg, 10 Min) • TFCC Peripheral Tear Repair (Mark Baratz, 10 Min) • TFCC Central Tear Debridement (SC Koo, 10 Min) • Arthroscopic Wafer Procedure (YK Lee, 10 Min) <p>Group Practical for</p> <ul style="list-style-type: none"> • Arthroscopic Radial Styloidectomy • TFCC peripheral tear repair • TFCC Central Tear Debridement • Arthroscopic Wafer Procedure
17:00 – 17:15	Certificate Presentation & Closing

2023 Hong Kong International Wrist Arthroscopy Workshop

Basic ALL-YOU-NEED-TO-KNOW Course

4 December 2023 (Sunday), 08:30 – 17:15

Minimally Invasive Surgical Skills Center (MISSC),

3/F Li Ka Shing Specialist Clinic (North Wing), Prince of Wales Hospital

Moderator: WL Tse

Table Instructors: Mark Baratz, Steve Cheng

Time	Topics
08:30 – 08:50	Welcome Remarks & House Keeping
08:50 – 12:00 40 min Lecture 2.5 hours for Practical	Mini-lecture <ul style="list-style-type: none">• Introduction to Basic Setup, Instruments & Triangulation (WL Tse, 10 Min)• Radiocarpal Joint Arthroscopy & Synovectomy (Steve Cheng, 10 Min)• Mid-carpal Joint Arthroscopy & Carpal Instability Assessment (Sally Cheng, 10 Min)• Arthroscopic Assisted Reduction & Pinning of SL Instability (Esther Chow, 10 Min)
	Group Practical for <ul style="list-style-type: none">• Exercise for Triangulation• Radiocarpal Joint Arthroscopy & Synovectomy• Midcarpal Joint arthroscopy & Carpal Instability Assessment• Arthroscopic Assisted Reduction & Pinning of SL Instability
12:00 – 12:50	Discussion, Photo Taking & Lunch
12:50 – 17:00 40 min Lecture 3.5 hours for Practical	Mini-lecture <ul style="list-style-type: none">• Arthroscopic Radial Styloidectomy (G Herzberg, 10 Min)• TFCC Peripheral Tear Repair (WL Tse, 10 Min)• TFCC Central Tear Debridement (Mark Baratz, 10 Min)• Arthroscopic Wafer Procedure (Mark Baratz, 10 Min)
	Group Practical for <ul style="list-style-type: none">• Arthroscopic Radial Styloidectomy• TFCC Peripheral Tear Repair• TFCC Central Tear Debridement• Arthroscopic Wafer Procedure
17:00 – 17:15	Certificate Presentation & Closing

2023 Hong Kong International Wrist Arthroscopy Workshop
Advanced ALL-YOU-WANT-TO-KNOW Course Day 1

3 December 2023 (Sunday), 8:00 – 17:15

Orthopaedic Learning Centre (OLC) &

Minimally Invasive Surgical Skills Center (MISSC),

1/F & 3/F Li Ka Shing Specialist Clinic (North Wing), Prince of Wales Hospital

Moderator: WL Tse

Table Instructors: Jeff Ecker, WJ Chen, JT Shih, Eva Baur, G Herzberg, Keiji Fujio, Jan Haugstvedt, Esther Chow, Bo Liu, Greg Bain, Michael Mak, Martin Caloia, Clara Wong

Time	Topics
08:30 – 08:50	Welcome Remarks & House Keeping
08:50 – 12:00 1 hour Lecture/ Demo 2 hours & 10 mins Practical	Mini-lecture + Demonstration on Specimen <ul style="list-style-type: none"> • DRUJ Arthroscopy (15Min)(Jeff Ecker) • TFCC Foveal Tear Repairs (45Min) <ul style="list-style-type: none"> ○ Anchor (JT Shih, 10Min) ○ 4 Strands Transosseous (WJ Chen, 10Min) ○ Peri-foveal (PC Ho, 10Min) ○ Ligament-specific (Bo Liu, 10Min)
	Group Practical for <ul style="list-style-type: none"> • DRUJ Arthroscopy
	Group Practical for <ul style="list-style-type: none"> • TFCC Foveal Tear Repairs
12:00 – 12:50	Discussion, Photo Taking & Lunch
12:50 – 17:00 30 mins Lecture 3 hours 40 mins Practical	Mini-lecture + Demonstration on Specimen <ul style="list-style-type: none"> • Arthroscopic TFCC Reconstruction with Tendon Graft (WL Tse 15 min) • Arthroscopic Assisted SL Ligament Reconstruction with Tendon Graft (PC Ho, 15 min)
	Group Practical for <ul style="list-style-type: none"> • Arthroscopic TFCC Reconstruction with Tendon Graft
	Group Practical for <ul style="list-style-type: none"> • Arthroscopic Assisted SL Ligament Reconstruction with Tendon Graft
17:00 – 17:15	Wrap up

2023 Hong Kong International Wrist Arthroscopy Workshop

Advanced ALL-YOU-WANT-TO-KNOW Course Day 2

4 December 2023 (Monday), 8:00 – 17:15

Orthopaedic Learning Centre (OLC) &

Minimally Invasive Surgical Skills Center (MISSC),

1/F & 3/F Li Ka Shing Specialist Clinic (North Wing), Prince of Wales Hospital

Moderator: PC Ho/ SC Koo

Table Instructors: SC Koo, YK Lee, Eva Baur, Michael Mak, Keiji Fujio, Jeff Ecker, Bo Liu, WJ Chen, JT Shih, Esther Chow, Jan Haugstvedt, G Herzberg, Martin Caloia, Sally Cheng

Time	Topics
08:30 – 12:00 45 mins Lecture 2 hours 45 mins practical	Mini-lecture & Demonstration on Specimen <ul style="list-style-type: none"> Arthroscopic Dorsal Capsulodesis (Jeff Ecker 15 min) Arthroscopic Bone Grafting (SC Koo 15 min) Arthroscopic Partial Wrist Fusion (Eva Baur 15 min)
	Group Practical for <ul style="list-style-type: none"> Arthroscopic Dorsal Capsulodesis
	Group Practical for <ul style="list-style-type: none"> Arthroscopic Bone Grafting
	Group Practical for <ul style="list-style-type: none"> Arthroscopic Partial Wrist Fusion
12:00 – 12:45	Discussion, Photo Taking & Lunch
12:45 – 17:00 30 mins lecture 3 hours 45 mins practical	Mini-lecture & Demonstration on Specimen <ul style="list-style-type: none"> 1st CMC Joint Arthroscopy with Mini-Tightrope (Keiji Fujio, 15 min) STT Joint Arthroscopy with Pyrocarbon Interposition (Michael Mak, 15 min)
	Group Practical for <ul style="list-style-type: none"> 1st CMC Joint Arthroscopy with Mini-Tightrope
	Group Practical for <ul style="list-style-type: none"> STT Joint Arthroscopy with Pyrocarbon Interposition
17:00 – 17:15	Wrap up & Certificate Presentation