

Hands-on Wrist Arthroscopy Cadaveric Workshop

Intermediate Course: A Step Forward

14 December 2025 (Sunday) 8:00am –5:00pm

The CUHK Jockey Club Minimally Invasive Surgical Skills Centre, 3/F Li Ka Shing
Specialist Clinic,
North Wing, Prince of Wales Hospital

Moderator: Jeffrey Koo

Table instructor: Ecker, Tse, Zhao, JT, Emily Yip, Lau YK

Time	Topics	Speaker
08:15 - 08:30	<i>Welcome remarks and house keeping</i>	
08:30 - 08:40	Arthroscopic assisted SL reduction and DCSS instability (10 min)	Jeffrey Ecker
08:40 – 08:50	TFCC Peripheral Tear Repair(10min)	WL Tse
08:50 – 09:00	Arthroscopic wafer procedure (10 min)	Zhao Zhe
09:00 -09:15	Tea break (15min)	
09:15 – 12:00	PRACTICAL for <ul style="list-style-type: none">• Arthroscopic assisted SL reduction and DCSS instability• TFCC Peripheral Tear Repair• Arthroscopic wafer procedure	
12:00 - 13:00	Photo Taking (in OLC) and Lunch	
13:00 - 13:10	Radial styloidectomy (10 min)	Shih Jui-Tien
13:10 – 13:20	Arthroscopic assisted Reduction Fixation Distal Radius Fracture (10 min)	Jeffrey Koo
13:20 – 17:00	PRACTICAL for <ul style="list-style-type: none">• Radial styloidectomy + Wafer procedure• Arthroscopic assisted Reduction Fixation Distal Radius Fracture	
17:00 – 17:15	Wrap up and Cert presentation	
	End of Program	

Hands-on Wrist Arthroscopy Cadaveric Workshop

Advanced ALL-YOU-WANT-TO-KNOW Course Day 1

14 December 2025 (Sunday), 8:00 – 17:15

Orthopaedic Learning Centre (OLC),

1/F Li Ka Shing Specialist Clinic (North Wing), Prince of Wales Hospital

Moderator: Esther Chow

Table instructor: Toshi, Wei-jen, Bo/Esther, Guillaume, Michael, Eva, Mark Ross, Keiji, Young Kuen

Time	Topics
08:15– 08:30	Welcome Remarks and House Keeping
08:30 – 12:00 50 mins lecture 2 hours 40 mins practical	<p>Mini-lecture (OLC conference room)</p> <ul style="list-style-type: none"> • DRUJ arthroscopy (Toshi) (10Min) • TFCC foveal repair (40Min) <ul style="list-style-type: none"> ○ Wei-jen Chen: 4 strands transossoeus (10Min) ○ Bo Liu: Novel Arthroscopic Tendon Graft Reconstruction for Chronic DRUJ Instability 10 Min) ○ Guillaume Herzberg (10Min) ○ PC Ho: peri-foveal 10Min) <p>Group Practical for</p> <ul style="list-style-type: none"> • DRUJ arthroscopy • TFCC foveal repair
12:00 – 13:00	Photo Taking and Lunch
13:00 – 17:00 30 mins lecture 3 hours 30 mins practical	<p>Mini-lecture (OLC conference room)</p> <ul style="list-style-type: none"> • Arthroscopic TFCC reconstruction with tendon graft (15Min) (WL Tse) • Arthroscopic Assisted SL Ligament Reconstruction with Tendon Graft (15Min) (PC Ho) <p>Group Practical for</p> <ul style="list-style-type: none"> • Arthroscopic TFCC reconstruction with tendon graft • Arthroscopic Assisted SL Ligament Reconstruction with Tendon Graft
17:00 – 17:15	Wrap up

Hands-on Wrist Arthroscopy Cadaveric Workshop
2025 Hong Kong Wrist Arthroscopy Workshop
Advanced ALL-YOU-WANT-TO-KNOW Course Day 2

15 December 2025 (Monday), 8:00 – 18:15

Orthopaedic Learning Centre (OLC),

1/F Li Ka Shing Specialist Clinic (North Wing), Prince of Wales Hospital

Moderator: Jeffrey Koo

Table instructor: Toshi, Wei-jen, Guillaume, Ecker, Eva, Mark Ross, Keiji, Young Kuen

Helper: Karen Ng, Mikko?

Time	Topics
08:30 – 9:30	Surgical demonstration (WL Tse)
09:30 – 12:00 30 mins lecture 2 hours 30 mins practical	Mini-lecture (OLC lab) <ul style="list-style-type: none"> • Arthroscopic bone grafting (PC Ho) (10min) • Arthroscopic RADICL, MIRLIN repair (Mark Ross) (20 Min)
	Group Practical for <ul style="list-style-type: none"> • Arthroscopic bone grafting • Arthroscopic RADICL, MIRLIN repair
12:30 – 13:30	Discussion, Photo Taking and Lunch
13:30– 17:00 30 mins lecture 2 hours 30 mins practical	Mini-lecture: <ul style="list-style-type: none"> • Arthroscopic Partial Wrist Fusion (Eva) (10min) • 1st CMC Joint Arthroscopy with Mini-Tightrope (keiji) (10Min) • PT joint arthroscopy (Young-kuen, 10 min)
	Group Practical for <ul style="list-style-type: none"> • Arthroscopic Partial Wrist Fusion • 1st CMC Joint Arthroscopy with Mini-Tightrope • PT joint arthroscopy
17:00 – 17:15	Wrap up and Cert presentation