











21 October 2025 (Tuesday)

Time: 9:00am - 6:00pm

Venue:

**CUHK Medical Centre** 10/F Auditorium, 9 Chak Cheung Street, Shatin,

New Territories, Hong Kong





### **Speakers:**

### **Dr LAW Sheung Wai**

Clinical Professional Consultant Department of Orthopaedics & Traumatology The Chinese University of Hong Kong



### **Prof CHENG Shu Kei, Andy** Professor in the School of Health Sciences Western Sydney University



### **Dr WONG Mong Sze Marcus**

Director of Occupational Health Centre Hospital Authority



#### Mr WOO Chuen Hau Alexander

Principal Physiotherapis CUHK Medical Centr





### Mr WONG Kam Man Simon Principal Occupational Therapist CUHK Medical Centre



### Theme:

Work Rehabilitation Management Model - International and Local Perspective

### **Target Participants:**

- Corporate Companies of Construction, Catering & Hotel and **Transportation & Logistics Industries**
- Healthcare Professionals
- · Case Managers related to Work Injury Rehabilitation
- Trade Unions and Labour Organisations
- Human Resources Professionals

### **Accreditation:**

**CME** for Doctors: Pending **CPD** for PT :5 points **CPD** for OT : Pending

## PROGRAMME RUNDOWN

# 研討會日程

Time 時間	Rundown 議程	Speaker / Moderator 講者/ 主持人
09:00 -09:30	Registration	
09:30 -09:40	Opening remarks	Dr Chung Kin Lai CEO of CUHK Medical Centre
09:40 -09:50	Group Photo Taking and Souvenir Presentation	
09:50 –10:35	Principles of Occupational Orthopaedics & Vocational Rehabilitation: The Fundamentals of Impairment, Disability, Social Participation, Maximum Medical Improvement	Dr LAW Sheung Wai Clinical Professional Consultant Department of Orthopaedics & Traumatology The Chinese University of Hong Kong
10:35 -10:50	Break	
10:50 -11:35	Work Rehabilitation Management: An Australian Perspective	Prof CHENG Shu Kei Andy Professor School of Health Sciences Western Sydney University, Australia
11:35 –12:20	Models and Key Success of Rehabilitation for Musculoskeletal Disorders and Their Applications in Work-related Disorders from the Perspective of Occupational Medicine	Dr WONG Mong Sze Marcus Director Occupational Health Centre Hong Kong East Cluster Hospital Authority
12:20 -14:00	Lunch	

## PROGRAMME RUNDOWN

## 研討會日程

Time 時間	Rundown 議程	Speaker / Moderator 講者 / 主持人
14:00 –14:45	Orthotic intervention and job adaptation for Work-related Disorders	Mr Simon WONG Principal Occupational Therapist CUHK Medical Centre
14:45 –15:30	Ergonomic Assessment and Injury Prevention	Mr Alexander WOO Principal Physiotherapist CUHK Medical Centre
15:30 –15:45	Break	
15:45 –16:30	Return to Work and Role of Case Manager– Barriers, Decision Making, Goal Setting, Monitoring, Negotiation, Discharge plan, Employers' and Workers' Perspectives in Work Rehabilitation Process	Mr Alexander WOO Principal Physiotherapist CUHK Medical Centre
16:30 –17:55	Case Discussion and Q&A Session	
17:55 -18:00	Closing Remarks	



## Prof CHENG Shu Kei Andy 鄭樹基教授

Professor, School of Health Sciences, Western Sydney University, Australia 澳洲西雪梨大學健康科學學院教授

Professor Cheng is a registered occupational therapist (HK and UK), chartered safety and health practitioner, certified work capacity evaluator, and registered driving assessor. He received his professional training in occupational therapy at former Hong Kong Polytechnic. He got his bachelor's degree in Health and Safety at Curtin University and completed his MPhil and PhD in the Department of Orthopaedics and Traumatology, Faculty of Medicine, Chinese University of Hong Kong, and certificate course in big data analysis from Massachusetts Institute of Technology, USA. He was the first Asian recipient of Canadian Institutes of Health Research Scholarship for postgraduate training on the Work Disability Prevention CIHR Strategic Training Programme at Université de Sherbrooke and University of Toronto.

Prior to joining the Western Sydney University, he worked as an occupational therapist in public hospitals and then ran his own private rehabilitation centres. He has extensive experience in hand rehabilitation and medicolegal evaluation.

鄭教授是香港和英國註冊的職業治療師、特許安全與健康專業人員、認證工作能力評估師以及註冊駕駛評估師。他在前香港理工大學接受職業治療的專業培訓,並在科廷大學獲得健康與安全學士學位,隨後在香港中文大學的骨科及創傷學系完成碩士及博士學位,並在美國麻省理工學院完成大數據分析證書課程。他是首位獲得加拿大健康研究所獎學金的亞洲學者,該獎學金用於在舍布魯克大學和多倫多大學進行工作殘疾預防的研究生培訓。

在加入澳洲西雪梨大學之前,他曾在公立醫院工作,擔任職業治療師,然後經營自己的私人康復中心。他在手部康復和醫療法律評估方面擁有豐富的經驗。



## Dr LAW Sheung Wai 羅尚尉醫生

Clinical Professional Consultant, Dept of O&T, CUHK 香港中文大學矯形外科及創傷學系臨床專業顧問

Dr LAW Sheung Wai is currently a Clinical Professional Consultant, Professor and Professor of Practice in Orthopaedics and Traumatology in the Department of Orthopaedics and Traumatology, Faculty of Medicine, The Chinese University of Hong Kong.

Dr LAW graduated from the Chinese University of Hong Kong and received his MBChB in 1993. After finishing his fellowship training in Orthopedic Surgery. He has pursued postgraduate qualifications in various fields of medicine.

He obtained Master of Occupational Medicine, Master of Sciences in Epidemiology and Bio-statistics, Postgraduate Diploma in Clinical Gerontology, Master of Science in Health Services Management from the Chinese University of Hong Kong.

His professional interests include Orthopedic Rehabilitation- coordination of care for elderly with fragility fractures, management of osteoporosis, work rehabilitation and return to work management for injured workers, rehabilitation technology and spine surgery. Dr LAW has served in the Hong Kong Osteoporosis Foundation since 2002.

羅尚尉醫生目前是香港中文大學醫學院矯形外科及創傷學系的臨床專業顧問和教授。羅醫生於 1993 年畢業於香港中文大學。完成骨科手術專科培訓後,他在醫學各個領域繼續深造,獲得了醫學碩士、流行病學和生物統計學碩士、臨床老年學研究文憑,以及香港中文大學健康服務管理碩士學位。

他的專業包括骨科復健,為老年骨折患者協調護理,骨質疏鬆症管理,工傷康復管理,以及脊椎手術。 自 2002 年起,羅醫生一直為香港骨質疏鬆症基金會服務。



## Mr WOO Chuen Hau Alexander 胡存孝先生

Principal Physiotherapist, CUHK Medical Centre 香港中文大學醫院 首席物理治療師

Mr Alexander WOO is the Principal Physiotherapist of the CUHK Medical Centre. He has been working as physiotherapist for more than 25 years in various fields.

He received his Bachelor's degree in Physiotherapy from The Hong Kong Polytechnic University, Master's degree in Medical Science from The University of Hong Kong and Master's degree in Business Administration (Health Care) from The Chinese University of Hong Kong. He has also obtained post-graduate training in acupuncture, manual therapy and work rehabilitation. He has extensive clinical experience in musculoskeletal physiotherapy, ergonomic assessment, work rehabilitation and functional capacity evaluation.

Mr WOO is currently the Chairperson of Occupational Safety, Health and Rehabilitation Specialty Group of the Hong Kong Physiotherapy Association.

胡存孝先生是香港中文大學醫院首席物理治療師,他擔任物理治療師超過25年。胡先生在香港理工大學取得物理治療學士,並分別在香港大學及香港中文大學取得醫療科學碩士及工商管理(健康護理)碩士學位。他亦完成有關針灸、手法治療及工作復康的訓練。他擁有豐富的肌肉骨骼物理治療、人體工效學評估、工作復康及個人體能評估的臨床經驗。胡先生目前是香港物理治療學會的職業安全委員會主席。



## Dr WONG Mong Sze Marcus 黄望斯醫生

Director, Occupational Health Centre, Hong Kong East Cluster, Hospital Authority 醫院管理局職業健康中心總監

Dr. WONG Mong Sze Marcus is Director of Hospital Authority Occupational Health Centre with extensive qualifications, including MBBS from Monash University and multiple fellowships in Family Medicine and Community Medicine. He also holds the position of Chief of Service in the Department of Family Medicine and Primary Health Care. Dr. Wong is actively involved in various committees, including the Pre-employment Medical Check Task Force and the Health and Wellbeing Team. He is a dedicated educator, serving as an Honorary Clinical Associate Professor at both the University of Hong Kong and Chinese University of Hong Kong, and is an examiner for prestigious fellowship examinations. His contributions to occupational and environmental medicine are recognized through his leadership in the Hong Kong Society of Occupational & Environmental Medicine.

黃望斯醫生是醫院管理局職業健康中心總監,擁有多項學位,包括從莫納什大學獲得的 MBBS 及家庭醫學和社區醫學的多項院士資格。他同時是家庭醫學及基層醫療部門的服務主任。黃醫生積極參與多個委員會,包括入職醫療檢查專責小組及健康與福祉小組。他還是香港大學及中文大學的名譽臨床副教授,並擔任多個專業考試的考官。他在職業及環境醫學領域的貢獻,通過在香港職業及環境醫學學會的領導地位而受到認可。



## Mr WONG Kam Man Simon 黃錦文先生

Principal Occupational Therapist, CUHK Medical Centre 香港中文大學醫院 首席職業治療師

Mr Simon WONG is the Principal Occupational Therapist of the CUHK Medical Centre. He has been working as occupational therapist for more than 40 years in various fields, including orthopaedic, geriatric, neurological, community and work rehabilitation. He had been the Department Manager (Occupational Therapy) of the Prince of Wales Hospital and Tai Po Hospital for many years. He is the Chairman of the Hong Kong Institute of Occupational Therapy. His clinical interests include ADL, hand splinting, assistive technology and work rehabilitation.

黃錦文先生是香港中文大學醫院的首席職業治療師。他已在職業治療領域工作超過 40 年,範疇包括骨科、老年醫學、神經科及工傷康復管理等。他曾擔任威爾斯親王醫院和大埔醫院的職業治療部門經理,並服務多年。他是香港職業治療學會主席。其專業範疇包括職業治療評估、手部矯形固定器、輔助技術和工傷復康。