

Hands-on Wrist Arthroscopy Cadaveric Workshop

Intermediate Course; A Step Forward

14/15 December, 2025 (Sunday) 8:00am –5:00pm

The CUHK Jockey Club Minimally Invasive Surgical Skills Centre (MISSC),
3/F Li Ka Shing Specialist Clinic, North Wing, Prince of Wales Hospital

Moderator:

Table instructor:

Time	Topics	Demonstrator
08:15 - 08:30	Welcome remarks and house keeping	
08:30 - 09:40	Arthroscopic assisted SL reduction and DCSS instability (10 min)	Jeffrey ECKER
09:40 – 09:50	TFCC Peripheral Tear Repair(10min)	WL TSE
09:50 – 10:00	Arthroscopic wafer procedure (10 min)	Zhe ZHAO
10:00 -10:15	Tea break (15min)	
10:15 – 12:00	PRACTICAL for <ul style="list-style-type: none"> • Arthroscopic assisted SL reduction and DCSS instability • TFCC Peripheral Tear Repair • Arthroscopic wafer procedure 	
12:00 - 13:00	Photo Taking (in OLC) and Lunch	
13:00 - 13:10	Radial styloidectomy (10 min)	Jui-Tien SHIH
13:10 – 13:20	Arthroscopic assisted Reduction Fixation Distal Radius Fracture (10 min)	Jeffrey KOO
13:20 – 17:00	½ group PRACTICAL for radial styloidectomy + wafer procedure Then swap	½ group PRACTICAL for Arthroscopic assisted Reduction Fixation Distal Radius Fracture
17:00 – 17:15	Wrap up and Cert presentation	
	End of Program	

Hands-on Wrist Arthroscopy Cadaveric Workshop

Advanced ALL-YOU-WANT-TO-KNOW Course Day 1

14 December 2025 (Sunday), 8:00 – 17:15

Orthopaedic Learning Centre (OLC),

1/F Li Ka Shing Specialist Clinic (North Wing), Prince of Wales Hospital

Moderator:

Table instructor:

Time	Topics
08:40 – 08:50	Welcome Remarks and House Keeping
08:50 – 12:00 50 mins lecture 2 hours and 20 mins practical	Mini-lecture (OLC conference room) <ul style="list-style-type: none"> • DRUJ arthroscopy (Toshiyasu NAKAMURA) (10Min) • TFCC foveal repair (40Min) <ul style="list-style-type: none"> ○ Guilluame HERZBERG (10Min) ○ Wei-jen CHEN: 4 strands transosseous 10Min ○ Bo LIU: Novel Arthroscopic Tendon Graft Reconstruction for Chronic DRUJ Instability 10 Min ○ PC HO: peri-foveal 10Min
	Group Practical for <ul style="list-style-type: none"> • DRUJ arthroscopy
	Group Practical for <ul style="list-style-type: none"> • TFCC foveal repair
12:00 – 13:00	Discussion, Photo Taking and Lunch
13:00 – 17:00 30 mins lecture 3 hours 40 mins practical	Mini-lecture (OLC conference room) <ul style="list-style-type: none"> • Arthroscopic TFCC reconstruction with tendon graft (15Min) (WL TSE) • Arthroscopic Assisted SL Ligament Reconstruction with Tendon Graft (15Min) (PC HO)
	Group Practical for <ul style="list-style-type: none"> • Arthroscopic TFCC reconstruction with tendon graft
	Group Practical for <ul style="list-style-type: none"> • Arthroscopic Assisted SL Ligament Reconstruction with Tendon Graft
17:00 – 17:15	Wrap up

Hands-on Wrist Arthroscopy Cadaveric Workshop
2024 Hong Kong Wrist Arthroscopy Workshop
Advanced ALL-YOU-WANT-TO-KNOW Course Day 2

15 December 2024 (Monday), 8:00 – 18:15

Orthopaedic Learning Centre (OLC),

1/F Li Ka Shing Specialist Clinic (North Wing), Prince of Wales Hospital

Moderator:

Table instructor:

Time	Topics
08:40 – 08:50	Welcome Remarks and House Keeping
08:50 – 12:00 30 mins lecture 2 hours 50 mins practical	Mini-lecture (OLC lab) <ul style="list-style-type: none"> Arthroscopic RADICL, MIRLIN repair (Mark ROSS) (20 Min) Arthroscopic bone grafting (PC HO) (10min)
	Group Practical for <ul style="list-style-type: none"> Arthroscopic RADICL, MIRLIN repair
	Group Practical for <ul style="list-style-type: none"> Arthroscopic bone grafting
12:00 – 12:45	Discussion, Photo Taking and Lunch
12:45 – 17:00 35 mins lecture 3 hours 40 mins practical	Mini-lecture: <ul style="list-style-type: none"> Arthroscopic Partial Wrist Fusion (Eva-Maria BAUR) (10min) 1st CMC Joint Arthroscopy with Mini-Tightrope (Keiji FUJIO) (10Min) PT joint arthroscopy (Young Keun LEE) (10 min)
	Group Practical for <ul style="list-style-type: none"> Arthroscopic Partial Wrist Fusion
	Group Practical for <ul style="list-style-type: none"> 1st CMC Joint Arthroscopy with Mini-Tightrope
	Group Practical for <ul style="list-style-type: none"> PT joint arthroscopy
17:00 – 17:15	Wrap up and Cert presentation