

2024 Hong Kong Wrist Arthroscopy Workshop

Advanced ALL-YOU-WANT-TO-KNOW Course Day 1

8 December 2024 (Sunday), 8:40 – 18:15

Orthopaedic Learning Centre (OLC),

1/F Li Ka Shing Specialist Clinic (North Wing), Prince of Wales Hospital

Moderator: SC Koo

Table instructor: Esther Chow, Emily Yip, Tse WL, Michael Mak, SC Koo, Wei-Jen, Jui-tien, Mi Jingyi, Liu Bo, Guillaume Herzberg, Mark Ross

Time	Topics
08:40 – 08:50	Welcome Remarks and House Keeping
08:50 – 12:00 50 mins lecture 2 hours and 20 mins practical	Mini-lecture (OLC conference room) • DRUJ arthroscopy (Michael Mak) (10Min) • TFCC foveal repair (40Min) ○ Guillaume Herzberg (10Min) ○ Wei-jen Chen: 4 strands transosseous 10Min ○ Bo Liu: ligament specific 10 Min ○ PC Ho: peri-foveal 10Min
	Group Practical for • DRUJ arthroscopy
	Group Practical for • TFCC foveal repair
12:00 – 12:50	Discussion, Photo Taking and Lunch
12:50 – 17:00 30 mins lecture 3 hours 40 mins practical	Mini-lecture (OLC conference room) • Arthroscopic TFCC reconstruction with tendon graft (15Min) (WL Tse) • Arthroscopic Assisted SL Ligament Reconstruction with Tendon Graft (15Min) (PC Ho)
	Group Practical for • Arthroscopic TFCC reconstruction with tendon graft
	Group Practical for • Arthroscopic Assisted SL Ligament Reconstruction with Tendon Graft
17:00 – 17:15	Wrap up

2024 Hong Kong Wrist Arthroscopy Workshop

Advanced ALL-YOU-WANT-TO-KNOW Course Day 2

9 December 2024 (Monday), 8:40 – 18:15

Orthopaedic Learning Centre (OLC),

1/F Li Ka Shing Specialist Clinic (North Wing), Prince of Wales Hospital

Moderator: SC Koo

Table instructor: Esther Chow, Emily Yip, Tse WL, Michael Mak, SC Koo, Wei-Jen, Jui-tien, Mi Jingyi, Liu Bo, Guillaume Herzberg, Mark Ross

Time	Topics
08:40 – 08:50	Welcome Remarks and House Keeping
08:50 – 12:00 30 mins lecture 2 hours 50 mins practical	Mini-lecture (OLC lab) - Arthroscopic RADICL, MIRLIN repair (Mark Ross) (20 Min) - Arthroscopic bone grafting (PC Ho) (10min)
	Group Practical for Arthroscopic RADICL, MIRLIN repair
	Group Practical for Arthroscopic bone grafting
12:00 – 12:45	Discussion, Photo Taking and Lunch
12:45 – 17:00 35 mins lecture 3 hours 40 mins practical	Mini-lecture: - Arthroscopic Partial Wrist Fusion (Jingyi Mi) (10min) 1st CMC Joint Arthroscopy with Mini-Tightrope (Koo SC) (10Min) - Arthroscopic partial trapeziectomy and PL tendon suspension, interposition combine with internal brace for arthritis of basal joint (Shih Jui-Tien) (15Min)
	Group Practical for Arthroscopic Partial Wrist Fusion
	Group Practical for 1st CMC Joint Arthroscopy with Mini-Tightrope
	Group Practical for Arthroscopic partial trapeziectomy and PL tendon suspension, interposition combine with internal brace for arthritis of basal joint
17:00 – 17:15	Wrap up and Cert presentation