

# 2024

CUHK-OLC Surgeon Education Program



## Hong Kong International Wrist Arthroscopy Workshop and Seminar

2024年度香港国际腕关节镜工作坊及研讨会

### 7 December 2024 (Saturday)

**International Symposium on Wrist Arthroscopy:  
Revisiting the fundamentals**

Target Participants: Doctors, Therapists, Nurses and Related Professionals

Venue: Lecture Theatre 1B, 1/F, Cheng Yu Tung Building, The Chinese University of Hong Kong

### 8-9 December 2024 (Sunday — Monday)

**Hands-on Wrist Arthroscopy Workshop - Advanced Course**

Target Participants: Orthopaedics Surgeons and Hand Surgeons

Venue: Orthopaedic Learning Centre, 1/F Li Ka Shing Specialist Clinics North Wing, Prince of Wales Hospital, Sha Tin, Hong Kong

## Programme Brochure

Supported By:



International Wrist Arthroscopy Society (IWAS)

Accredited By:



# Message from Course Director: Dr Jeffrey Justin Siu-Cheong KOO



**Consultant**  
**Dept. of Orthopaedics &**  
**Traumatology, Alice Ho Miu Ling**  
**Nethersole Hospital**

**Clinical Associate Professor**  
**(Honorary)**  
**Dept. of Orthopaedics &**  
**Traumatology, The Chinese**  
**University of Hong Kong**

*Dear friends and colleagues,*

*A heartfelt and enthusiastic welcome to the 2024 Hong Kong International Wrist Arthroscopy Symposium and Workshop!*

*Last year, we celebrated the silver jubilee of our course, sparking questions about its continuity. I am thrilled to affirm with pride: The show must go on!*

*It's a delight to have you all here, from every corner of the globe, joining us for this event that promises to be as exciting as it is enlightening, focused on "Revisiting the Fundamentals". This year, we've invited numerous world-renowned experts to link hands with us as we revisit the basics and dive into the fascinating realm of wrist pathologies.*

*On December 7th, we begin with an inspiring half-day symposium in the morning, designed to ignite vibrant discussions and insights from our leading experts. In the afternoon, prepare for a hands-on, interactive practical session on wrist examination, complete with clinical radiological conferences that provide opportunities to apply your newfound knowledge.*

*On December 8th and 9th, we delve into the advanced dimensions with our wrist arthroscopy workshop. These hands-on sessions are crafted to elevate your skills to new heights and nurture mastery in advanced wrist arthroscopy techniques.*

*We are honoured to be joined by some of the most esteemed experts in the field.*

*Their expertise and insights promise not only to guide us but to inspire us, and we are incredibly excited to learn from them.*

*This symposium and workshop aim to enhance your professional skills while also creating lasting connections and friendships that transcend borders.*

*So, prepare yourselves for an immersive journey filled with learning, networking, and innovation! Welcome once again, and let's Make this event extraordinary!*

*@2024 Hong Kong International Wrist Arthroscopy Workshop & Seminar*

## Programme Rundown

Starting time	Finish time	Topics	Speaker
09:15:00	9:25:00	Opening	Dr Jeffrey KOO, Prof Patrick YUNG
		<b>Symposium 1: TFCC Disorders: Back to the Basic</b>	Moderator: Dr Bo LIU, Dr Esther CHOW
09:25:00	9:38:00	Anatomy and Evolution in TFCC Disorders Classification	Prof Guillaume Herzberg
09:38:00	9:51:00	Radial Translation in Distal Radius Fractures: A Sign of DRUJ Instability	Prof Mark Ross
09:51:00	10:04:00	Radiology in TFCC disorders: How to Read the Films	Prof James Griffith
10:04:00	10:17:00	Conservative Treatment of TFCC injuries: Who can benefit?	Mr Kam Yiu Adrian LEUNG
10:17:00	10:30:00	Foot Print Technique in TFCC Fovea Repair	Dr Wei-jen CHEN
10:30:00	10:43:00	Analysis of Causes and Countermeasures for Failure of Arthroscopic Treatment of Distal Radioulnar Instability	Prof Jingyi MI
10:43:00	10:53:00	Discussion (10 Min)	
10:53:00	11:05:00	<b>Clinical Case Discussion I (2 case, 12min)</b>	
		<b>Symposium 2: Scaphoid fracture: Acute to non-union Carpal Ligament injuries</b>	Moderator: Prof Jingyi MI, Dr Wing Lim TSE
11:05:00	11:18:00	Scaphoid Fracture: From Acute to Subacute	Dr Wei-jen CHEN
11:18:00	11:31:00	Scaphoid Delayed Union - When Should You Intervene?	Dr Esther CHOW
11:31:00	11:44:00	Arthroscopic Bone grafting for Scaphoid Non-union	Dr Pak Cheong HO
11:44:00	11:57:00	Scaphoid Malunion and its Consequence	Dr Michael MAK
11:57:00	12:10:00	Arthroscopic Management for SNAC	Dr Jui-tien SHIH
12:10:00	12:20:00	Discussion (10 Min)	
12:20:00	12:32:00	<b>Clinical Case Discussion II (2 cases, 12 Min)</b>	
		<b>Group Photo Taking</b>	
12:32:00	13:32:00	<b>Lunch 1 hour</b>	
		<b>Symposium 3: Carpal Ligament injuries</b>	Moderator: Dr Jui-tien SHIH, Dr Michael MAK
13:32:00	13:45:00	Scapho-lunate Interosseous Ligament Injuries: Anatomy and Transformation of Classification	Dr Jeffrey KOO
13:45:00	13:58:00	Repair Options in Acute SL Injuries	Dr Wing Lim TSE

13:58:00	14:11:00	New Insights in Carpal Instability Treatment: RADICL and Ultrawide Mid-Carpal ADCLR, and MIRLIN Repair	Prof Mark Ross
14:11:00	14:24:00	Arthroscopic Assisted Reduction and Percutaneous Fixation of Acute Perilunate Injuries	Dr Bo LIU
14:24:00	14:37:00	Don't forget PLIND (Perilunate Injuries Non-dislocated) Injuries	Prof Guillaume Herzberg
14:37:00	14:50:00	Can SL Ligament Injuries Treated Conservatively in Physiotherapist Prospective?	Mr Ho Wing Kelvin FUNG
14:50:00	15:03:00	SL Reconstruction in Chronic SL Injuries	Dr Pak Cheong HO
15:03:00	15:13:00	Discussion (10 Min)	
15:13:00	15:25:00	Clinical Case Discussion III (2 cases, 12 Min)	
15:25:00	15:45:00	<b>Tea Break (20 Min)</b>	
		<b>Clinical Interactive Session</b>	Moderator: Dr Jeffrey KOO, Mr Kelvin FUNG
15:45:00	16:18:00	5 Level Approach for Chronic Wrist Pain Assessment	Dr Pak Cheong HO
16:18:00	16:41:00	Demonstration of Physical Examination Techniques with Practical Session	All Instructors
		<b>Clinical Radiological Conference</b>	Moderator: Dr Esther CHOW, Dr Michael MAK
16:41:00	17:04:00	Case 1	Prof Guillaume Herzberg
17:04:00	17:27:00	Case 2	Prof Mark Ross
17:27:00	17:50:00	Case 3	Dr Jui-tien SHIH
17:50:00	18:10:00	Case 4	Dr Bo LIU
18:10:00	18:15:00	Closing Remarks	Dr Jeffrey KOO

## Invited Speaker: Dr Wei-Jen CHEN

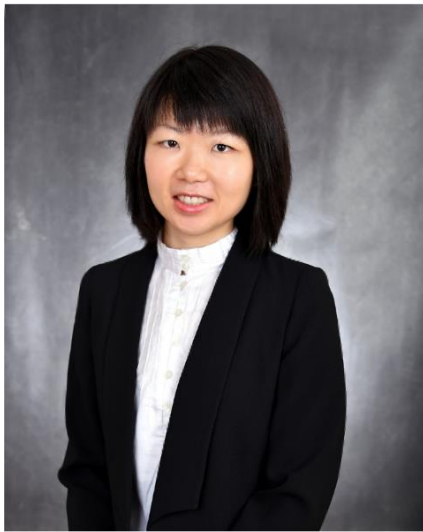


**Director,  
Sport Medicine,  
Division of Orthopaedic Department,  
Show Chwan Memorial Hospital**

Dr. Wei-Jen CHEN is an orthopaedic surgeon with specialization in sports medicine and arthroscopic surgery. He received his orthopaedic training in Taipei Veteran General Hospital. During his resident training period, he found a great interest in arthroscopic surgery; therefore, he received a well fellowship training in 2005 in the sports medicine division of orthopaedic department in Taipei Veteran Genral Hospital after his orthopaedic residency. He joined Show-Chwan Memorial Hospital later and currently is the director of sports medicine division in orthoparedic department of Show-Chwan Memorial Hospital with special interests in arthroscopic surgeries of wrist, elbow, shoulder, knee and hip joints.

He started his journey of wrist arthroscopy since 2007 and learned wrist arthroscopic surgeries with his mentor Dr. Jui-Tien Shin, who is a pioneer of wrist arthroscopic surgery in Taiwan. Later, he had the fellowship under the tutorship of PC Ho in Hong Kong Prince of Wales Hospital in Hong Kong in 2010. The wrist arthroscopy course in IRCAD-Taiwan started since 2008 and he had devoted in the courses in these years and is currently the co-director of the wrist arthroscopy course of IRCAD-Taiwan. He was also one of the founding members of the Asia Pacific Wrist Association.

## Invited Speaker: Dr Esther Ching San CHOW



**Consultant,  
Department of Orthopaedics and Traumatology,  
United Christian Hospital,  
Hong Kong**

**Honorary Clinical Associate Professor,  
Department of Orthopaedics and Traumatology,  
The Chinese University of Hong Kong**

Dr. Esther CHOW is an experienced hand surgeon based in Hong Kong. She has received training in several renowned institutions, including Chang Gang Memorial Hospital in Taipei, E-da Hospital in Kaoshiung, and Seoul National University Hospital in Korea. Dr. CHOW has developed expertise in various areas within hand surgery. Her sub-specialty interests include wrist arthroscopy, small joint arthroscopy, microsurgical reconstruction, and congenital upper limb differences. These areas of focus reflect her dedication to treating conditions and injuries related to the hand and wrist. Dr. CHOW is actively involved in both local and international hand meetings, where she shares her knowledge and experience. She has been invited as a speaker in various meetings, including the APFSSH (Asia Pacific Federation of Societies for Surgery of the Hand) meeting in 2023. Her participation in these meetings allows her to contribute to the advancement of hand surgery and collaborate with experts in the field. Furthermore, Dr. CHOW has been invited to serve as course instructors in different local and overseas cadaveric wrist arthroscopy workshops. Notably, she has been involved in organizing the Hong Kong International Wrist Arthroscopy Workshop and the IRCAD-Taiwan Wrist Arthroscopy Course. Dr. CHOW has also made significant contributions to the field through her publications. She has authored numerous book chapters and peer-reviewed articles on hand and wrist surgery. Her publications serve to disseminate knowledge, share best practices, and contribute to the overall body of research in the field.



## Invited Speaker: Mr Kelvin Ho Wing FUNG



**Certified Hand Therapist,  
Advanced Practice Physiotherapist,  
Princes of Wales Hospital**

Mr. Ho Wing Kelvin FUNG is an experienced physiotherapist and certified hand therapist working in acute hospital setting in Hong Kong. He graduated from Hong Kong Polytechnic University in 2015 and obtain his bachelor's degree in Physiotherapy. He also obtained his Master in Stroke and Clinical Neuroscience from The Chinese University of Hong Kong. He developed his interest in hand therapy and become a certified hand therapist (CHT) in 2023. He is currently working as a leading physiotherapists and hand therapist in Prince of Wales Hospital in Hong Kong. He had over 9 years of working experience in upper limb trauma and hand therapy, also numerous academic presentations in different occasions including international wrist symposium and Hong Kong Society for Hand Therapy Annual Conference.

## Invited Speaker: Prof James F Griffith



**Chairman,  
Department of Imaging and  
Interventional Radiology,  
The Chinese University of Hong Kong**

Prof James Griffith is Chairman of the Department of Imaging and Interventional Radiology, , The Chinese University of Hong Kong. He has an interest in all aspects of musculoskeletal radiology, particularly ultrasound and the pursuit of new innovative imaging methods and analytics.

Soon after completing medical school training at University College Cork, Ireland in 1983, he moved to the UK where he underwent further medical training acquiring the MRCP in June 1988. He received his radiological training on the West Midlands Radiology Rotation, UK and, in 1995, moved to his present position at The Chinese University in Hong Kong.

Prof Griffith has close ties with the International Skeletal Society being Chair of the Asian Outreach Program from 2017 to 2019 and Chair of the Global Outreach Program from 2019 to 2013. He has also been on the Annual Scientific Program Committee for many years and is a panel member of the Don Resnick Visiting Professor Program.

He was president of the AMS between 2018 and 2020. He is on the editorial board of Skeletal Radiology, QIMS, and Seminars in Musculoskeletal Radiology. He has written 354 peer review scientific papers (H-index 50) and is currently writing the 3rd Edition of the 774-page educational textbook, Diagnostic Ultrasound: Musculoskeletal.



## Invited Speaker: Prof Guillaume Herzberg



**Professor,  
Orthopaedic Surgery,  
Edouard Herriot University Hospital**

Prof. Guillaume Herzberg is an orthopedic surgeon specializing in shoulder and upper extremity surgery for adults (fractures, arthroscopies, arthroplasties). He is the author of more than 500 scientific publications and books, Member of the French Academy of Surgery, Member of the European Shoulder and Elbow Society, of the French Arthroscopy Society, Past-President of the French Society of Hand Surgery (2015), Past-President of the European Wrist Arthroscopy Society (2017), current Co-director of the IWIW (International Wrist Investigators Workshop).

Prof. Herzberg completed his entire professional training in Lyon, France and benefited from initial training at the Mayo Clinic in Rochester, Minnesota (United States), under the supervision of Prof. Cofield, for shoulder surgery, and at the Presbyterian Hospital in New York, under the supervision of Prof. Neer. As a Professor of Orthopaedic and Traumatologic Surgery (Lyon), former Head of Department at the Herriot Hospital in Lyon, he trained in Lyon, Paris, Lausanne (Switzerland), Rochester, Mayo Clinic (United States), Boston, Jackson, Mississippi, Toronto (Canada), Los Angeles. He maintains daily contact with several leading international teams and teaches in the United States, China, and Australia

## Invited Speaker: Dr Pak-cheong HO



**Honorary Clinical Professor,  
Department of Orthopaedics & Traumatology,  
The Chinese University of Hong Kong**

Dr Ho is currently the Clinical Professor (honorary) of the Department of Orthopaedics & Traumatology at the Chinese University of Hong Kong. His main research interest is on Hand & Wrist Arthroscopic Surgery.

Others include congenital hand differences, rheumatoid hand, paralytic hand reconstruction and microsurgery. Ho was the President of the Hong Kong Society for Surgery of the Hand in 2008-2010. In 2012, he was awarded the Whipple Prize for recognition of his distinguished contribution in wrist arthroscopic surgery.

In 2015 he was appointed as the President of the European Wrist Arthroscopy Society (EWAS) (2015-2016) as well as the Founding President of the Asia Pacific Wrist Association (APWA) (2015-2017).

## Invited Speaker: Mr Adrian Kam Yiu LEUNG



**Registered Occupational Therapist,  
Department of Occupational Therapy,  
Alice Ho Miu Ling Nethersole Hospital**

Mr Adrian LEUNG is a dedicated Department Manager of Occupational Therapy at Alice Ho Miu Ling Nethersole Hospital, where he plays a vital role in enhancing patient care through specialized therapeutic practices. He holds an impressive academic background with multiple degrees and certifications.

Mr. LEUNG holds a Master of Science in Occupational Safety and Health from Greenwich University and a Master of Science in Clinical Gerontology from the Chinese University of Hong Kong, focusing on elderly care. Additionally, he is a Certified Functional Capacity Evaluator and a Certified Ergonomic Evaluator, both credentials obtained from Roy Matheson & Associates.

With his extensive education and experience, Mr. LEUNG is dedicated to advancing the field of occupational therapy and improving the quality of life for his patients, making significant contributions to the healthcare community.

## Invited Speaker: Dr Bo LIU



**Consultant,  
Hand Surgery Department,  
Beijing Ji Shui Tan Hospital**

Dr Bo LIU is an Orthopaedic Surgeon with over two decades of expertise in hand, wrist, and peripheral nerve surgery. He currently serves as a Consultant Hand Surgeon at Beijing Ji Shui Tan Hospital and holds the positions of Professor at both Peking University and Capital Medical University in Beijing, China.

Dr LIU holds Fellowships of the Royal College of Surgeons of Edinburgh (FRCS Orth) and the Hong Kong College of Orthopaedic Surgeons (FHKCOS). He is serving as higher Orthopaedic Trainer for HKCOS and his commitment to education is further exemplified by his role as the Chairman of the Education Committee for the Asia Pacific Wrist Association (APWA). Dr LIU is also an innovator in wrist arthroscopic surgery and robotic assisted wrist surgery, having developed surgical techniques that have advanced the field of hand and wrist surgery.

## Invited Speaker: Dr Michael Chu-kay MAK



**Consultant,  
Department of Orthopaedics and Traumatology,  
Prince of Wales Hospital,  
Hong Kong**

**Honorary Clinical Associate Professor,  
Department of Orthopaedics and Traumatology,  
The Chinese University of Hong Kong**

Dr. Michael MAK currently holds the position of Consultant in the Department of Orthopaedics and Traumatology at Prince of Wales Hospital. He also serves as an Honorary Clinical Associate Professor in the Department of Orthopaedics and Traumatology at The Chinese University of Hong Kong, a position he has held since 2020.

His focus on medical research has made a lot of contributions to the field. His work in personalized medicine revolutionized disease diagnosis and treatment, leading to improved patient outcomes. He has received numerous awards in orthopaedics and traumatology, including Best Paper in Paediatric Orthopaedics, a Certificate of Merit for a presentation on ambulatory upper limb surgery, an Outstanding Teams Award for his contributions to the Hospital Replantation Team, a Hand and Wrist Biomechanics International scholarship award, and a Best Paper Award for his research in thumb duplication reconstruction.

## Invited Speaker: Prof Jingyi MI



**Director,  
Hand Surgery Department,  
Ninth People's Hospital of Wuxi**

Prof. Jingyi Mi, MD, graduated from Suzhou Medical College in 1993 and began his career as a resident at Wuxi Ninth People's Hospital under Prof. Yongjun Rui. To enhance his hand surgery skills, he studied under Prof. Shao Xingzhong, a prominent figure in the Chinese Society of Hand Surgery, earning a master's degree in 2001. He completed his M.D. at Huashan Hospital, Fudan University, in 2004, under the guidance of Prof. Jianguang Xu, a former chairman of the Chinese Society of Hand Surgery.

Following his training, Prof. Mi became director of the hand surgery department at Wuxi Ninth People's Hospital and later served as the hospital's vice president in 2006. He expanded his expertise through visits to prestigious institutions like Mayo Clinic and Massachusetts General Hospital.

With over 28 years of experience, Prof. Mi specializes in arthroscopic techniques for elbow, shoulder, and knee conditions, particularly in wrist and hand surgery. As vice chairman of the wrist arthroscopy group of the Chinese Society of Hand Surgery, he has led national courses attended by over 500 surgeons. He is also active in several professional organizations, including the American Society of Hand Surgery and the Asian Pacific Federation of Societies for Reconstructive Microsurgery.



## Invited Speaker: Prof Mark ROSS



**Professor,  
Orthopaedic Surgery,  
The University of Queensland**

Prof Mark Ross is current President of the Australian Hand Surgery Society and Immediate Past President of the Shoulder and Elbow Society of Australia, Mark Ross is a Professor of Orthopaedic Surgery at the University of Queensland. He is the Director of the Upper Limb Fellowship Programme at Princess Alexandra Hospital, and a founder and co-director of the Brisbane Hand and Upper Limb Research Institute. He has a special interest in distal radius fractures, carpal instability, complex reconstructive and revision surgery, and is actively involved in the development of new surgical techniques and new joint replacement technologies, and advocating for specialist staff in the public hospital.

Professor Ross graduated from The University of Queensland with MBBS in 1987. He completed his FRACS in Orthopaedic Surgery in 1996 and undertook a fellowship in Hand and Upper Limb Surgery at the Princess Alexandra Hospital in 1997, before travelling to the USA to undertake a 12-month Fellowship at the Kleinert Institute for Hand and Microsurgery in Louisville, Kentucky.

## Invited Speaker: Dr Jui-Tien SHIH



**Senior Consultant,  
Department of Orthopaedic Surgery,  
Taoyuan Armed Forces General Hospital**

Dr Jui-Tien SHIH is Senior Consultant in the Department of Orthopaedic Surgery at Taoyuan Armed Forces General Hospital. He has made significant contributions to the field of wrist arthroscopy, particularly in the treatment of stable non-union, unstable non-union, or non-union of the scaphoid with early degenerative radioscaphoid arthritis. His work involves advanced techniques in wrist arthroscopy, including arthroscopic bone grafting, dorsal capsulodesis, and partial wrist fusion.

He is also actively involved in teaching and training other surgeons in these advanced techniques, as evidenced by his participation in workshops and conferences.

## Invited Speaker: Dr Wing-lim TSE



**Consultant,  
Department of Orthopaedics and Traumatology,  
Prince of Wales Hospital,  
Hong Kong**

**Honorary Clinical Associate Professor,  
Department of Orthopaedics and Traumatology,  
The Chinese University of Hong Kong**

Dr Wing-lim TSE is a Consultant in the Department of Orthopaedics and Traumatology at Prince of Wales Hospital. With extensive training and experience in orthopaedic surgery, Dr TSE has established a distinguished career focused on patient care and medical education. He is also an Honorary Clinical Associate Professor at The Chinese University of Hong Kong, where he contributes to the training of future healthcare professionals.

His subspecialty interests are Hand and Wrist arthroscopic surgery, Microsurgery as well as Congenital upper limb differences. In addition to his clinical and academic roles, Dr Tse participates in various professional organizations, like the Hong Kong Society for Surgery of the Hand & Asia Pacific Wrist Association

## Acknowledgement

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