

2025

CUHK-OLC Surgeon Education Program



Hong Kong International Wrist Arthroscopy Workshop and Seminar

2025年度香港国际腕关节镜工作坊及研讨会

13 December 2025 (Saturday)

International Symposium on Wrist Arthroscopy: Ulnar Side Wrist Pathology

Target Participants: Doctors, Therapists, Nurses and Related Professionals

Venue: Auditorium, 1/F Main Clinical Block and Trauma Centre, Prince of Wales Hospital, Sha Tin, Hong Kong

14-15 December 2025 (Sunday — Monday)

Hands-on Wrist Arthroscopy Workshop — Advance & Intermediate Course

Target Participants: Orthopaedics Surgeons and Hand Surgeons

Venue: Orthopaedic Learning Centre, 1/F Li Ka Shing Specialist Clinics North Wing, Prince of Wales Hospital, Sha Tin, Hong Kong

Programme Brochure

Supported By:



International Wrist Arthroscopy Society (IWAS)

Accredited By:



Message from Course Director: Dr Jeffrey Justin Siu-Cheong KOO



Consultant
Dept. of Orthopaedics &
Traumatology, Alice Ho Miu Ling
Nethersole Hospital

Clinical Associate Professor
(Honorary)
Dept. of Orthopaedics &
Traumatology, The Chinese
University of Hong Kong

Dear friends and colleagues,

A heartfelt and enthusiastic welcome to the 2024 Hong Kong International Wrist Arthroscopy Symposium and Workshop!

Last year, we celebrated the silver jubilee of our course, sparking questions about its continuity. I am thrilled to affirm with pride: The show must go on!

It's a delight to have you all here, from every corner of the globe, joining us for this event that promises to be as exciting as it is enlightening, focused on "Revisiting the Fundamentals". This year, we've invited numerous world-renowned experts to link hands with us as we revisit the basics and dive into the fascinating realm of wrist pathologies.

On December 7th, we begin with an inspiring half-day symposium in the morning, designed to ignite vibrant discussions and insights from our leading experts. In the afternoon, prepare for a hands-on, interactive practical session on wrist examination, complete with clinical radiological conferences that provide opportunities to apply your newfound knowledge.

On December 8th and 9th, we delve into the advanced dimensions with our wrist arthroscopy workshop. These hands-on sessions are crafted to elevate your skills to new heights and nurture mastery in advanced wrist arthroscopy techniques.

We are honoured to be joined by some of the most esteemed experts in the field.

Their expertise and insights promise not only to guide us but to inspire us, and we are incredibly excited to learn from them.

This symposium and workshop aim to enhance your professional skills while also creating lasting connections and friendships that transcend borders.

So, prepare yourselves for an immersive journey filled with learning, networking, and innovation! Welcome once again, and let's Make this event extraordinary!

@2025 Hong Kong International Wrist Arthroscopy Workshop & Seminar

Programme Rundown

Starting time	Finish time	Topics	Speaker
08:30:00	8:35:00	Welcome Message	Jeffrey KOO, Patrick YUNG
		Saturday Interhospital Meeting	Moderator : Bo LIU. Esther CHOW
08:35:00	9:55:00	3 Case Discussions on Ulnar Wrist Pain	
09:55:00	10:08:00	Radiology in TFCC disorders: How to Read The Films	James GRIFFITH
		Symposium 1: TFCC injury	Moderator : Jui-tien SHIH, Wing Lim TSE
10:08:00	10:21:00	Clinical Anatomy of TFCC	Toshiyasu NAKAMURA
10:21:00	10:34:00	New Insights in TFCC Disorders Management	Guillaume HERZBERG
10:34:00	10:44:00	Arthroscopic Diagnosis of TFCC tear: Is the Hook Test Useless?	Jeffrey ECKER
10:44:00	10:57:00	Conservative Treatment of TFCC injuries: Who Can Benefit?	Andrew LUI
10:57:00	11:10:00	Treatment Principles on Acute TFCC Injury, What's Hot and What's Not?	Wei-Jen CHEN
11:10:00	11:23:00	Should We Treat Concomitant TFCC Tear in Distal Radius Fracture?	Mark ROSS
11:23:00	11:36:00	What, How and When TFCC Injuries Associated with Galeazzi Fracture Dislocation	Esther CHOW
11:36:00	11:48:00	Clinical Case Discussion I (2 case, 12 min)	
		Group Photo Taking	
11:48:00	12:48:00	Lunch 1 hour with lunch symposium	
		Symposium 2: Degenerative Conditions in Ulnar Wrist Pain	Moderator : Mark ROSS, Jeffrey KOO
12:48:00	13:01:00	Ulnocarpal Impaction Syndrome – Is There A Place for Arthroscopy?	Eva-Maria BAUR
13:01:00	13:14:00	Pitfalls in Ulnar Shortening Osteotomy: How to Stay Away from Trouble	Keiji FUJIO
13:14:00	13:27:00	Advanced Ulnar Impaction Syndrome with LTIL Involvement: How To Salvage	Jui-tien SHIH
13:27:00	13:40:00	Distal Radioulnar Joint Osteoarthritis: An Update on Treatment Options	Michael MAK
13:40:00	13:53:00	Pain Relieving and Functional Restoring Options from Occupational Therapist	Ngan Chung LEUNG
13:53:00	14:03:00	Discussion (10 Min)	
14:03:00	14:15:00	Clinical Case Discussion II (2 case 12 min)	

14:15:00	14:35:00	Tea Break (20 Min)	
		Symposium 3: Miscellaneous Conditions in Ulnar Wrist Pain	Moderator: Guillaume HERZBERG, Esther CHOW
14:35:00	14:48:00	Diagnosis and Treatment of Lunotriquetral Ligament Injuries	Wing Lim TSE
14:48:00	15:01:00	Ulnar Wrist Pain Due to PISO-triquetral Conditions	Young-Keun LEE
15:01:00	15:14:00	Diagnosis and Treatment of ECU Disorders	Zhe ZHAO
15:14:00	15:27:00	What is PRIND?	Pak-Cheong HO
15:27:00	15:40:00	Correcting Distal Radius Malunion: Principles and Options	Jeffrey KOO
15:40:00	15:53:00	New advance in TFCC Repair: Robot Comes Into Play!	Bo LIU
15:53:00	16:13:00	Tea Break (20 Min)	
		Clinical Radiological Conference on Wrist Pathology	Moderator: Michelle LI, Michael MAK
16:13:00	16:36:00	Case 1	Bo LIU
16:36:00	16:59:00	Case 2	Mark ROSS
16:59:00	17:22:00	Case 3	Jui-tien SHIH
17:22:00	17:42:00	Case 4	Eva-Maria BAUR
17:42:00	17:47:00	Closing Remarks	Jeffrey KOO

Acknowledgement

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Invited Speaker: Dr Wei-Jen CHEN

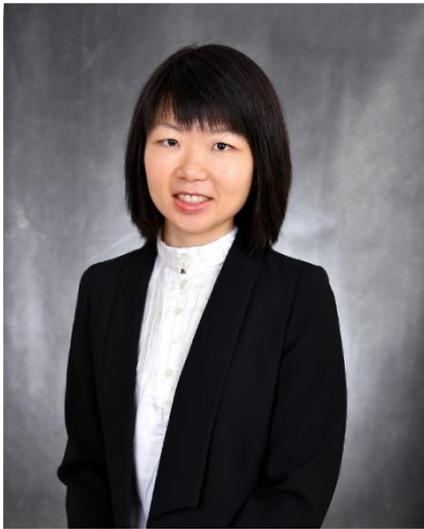


**Director,
Sport Medicine,
Division of Orthopaedic Department,
Show Chwan Memorial Hospital**

Dr. Wei-Jen CHEN is an orthopaedic surgeon with specialization in sports medicine and arthroscopic surgery. He received his orthopaedic training in Taipei Veteran General Hospital. During his resident training period, he found a great interest in arthroscopic surgery; therefore, he received a well fellowship training in 2005 in the sports medicine division of orthopaedic department in Taipei Veteran General Hospital after his orthopaedic residency. He joined Show-Chwan Memorial Hospital later and currently is the director of sports medicine division in orthopaedic department of Show-Chwan Memorial Hospital with special interests in arthroscopic surgeries of wrist, elbow, shoulder, knee and hip joints.

He started his journey of wrist arthroscopy since 2007 and learned wrist arthroscopic surgeries with his mentor Dr. Jui-Tien Shin, who is a pioneer of wrist arthroscopic surgery in Taiwan. Later, he had the fellowship under the tutorship of PC Ho in Hong Kong Prince of Wales Hospital in Hong Kong in 2010. The wrist arthroscopy course in IRCAD-Taiwan started since 2008 and he had devoted in the courses in these years and is currently the co-director of the wrist arthroscopy course of IRCAD-Taiwan. He was also one of the founding members of the Asia Pacific Wrist Association.

Invited Speaker: Dr Esther Ching San CHOW



**Consultant,
Department of Orthopaedics and Traumatology,
United Christian Hospital,
Hong Kong**

**Honorary Clinical Associate Professor,
Department of Orthopaedics and Traumatology,
The Chinese University of Hong Kong**

Dr. Esther CHOW is an experienced hand surgeon based in Hong Kong. She has received training in several renowned institutions, including Chang Gang Memorial Hospital in Taipei, E-da Hospital in Kaoshiung, and Seoul National University Hospital in Korea. Dr. CHOW has developed expertise in various areas within hand surgery. Her sub-specialty interests include wrist arthroscopy, small joint arthroscopy, microsurgical reconstruction, and congenital upper limb differences. These areas of focus reflect her dedication to treating conditions and injuries related to the hand and wrist. Dr. CHOW is actively involved in both local and international hand meetings, where she shares her knowledge and experience. She has been invited as a speaker in various meetings, including the APFSSH (Asia Pacific Federation of Societies for Surgery of the Hand) meeting in 2023. Her participation in these meetings allows her to contribute to the advancement of hand surgery and collaborate with experts in the field. Furthermore, Dr. CHOW has been invited to serve as course instructors in different local and overseas cadaveric wrist arthroscopy workshops. Notably, she has been involved in organizing the Hong Kong International Wrist Arthroscopy Workshop and the IRCAD-Taiwan Wrist Arthroscopy Course. Dr. CHOW has also made significant contributions to the field through her publications. She has authored numerous book chapters and peer-reviewed articles on hand and wrist surgery. Her publications serve to disseminate knowledge, share best practices, and contribute to the overall body of research in the field.

Invited Speaker: Mr Andrew Kwun Hin LUI



**Advanced Practice Physiotherapist
Department of Physiotherapy
Alice Ho Miu Ling Nethersole Hospital**

Mr. Andrew Lui is an Advanced Practice Physiotherapist at Alice Ho Miu Ling Nethersole Hospital, where he has been serving since 2023. Andrew holds a Master of Science in Sports Medicine and Health Science from The Chinese University of Hong Kong, expected in 2024, and a Bachelor of Science (Honours) in Physiotherapy from The Hong Kong Polytechnic University, completed in 2019. He has further enhanced his expertise with certifications in Selective Functional Movement Assessment Level I and Neurokinetic Therapy Level I, as well as a Diploma in Modern Acupuncture. Andrew is dedicated to advancing his skills and knowledge to provide high-quality care in physiotherapy, focusing on functional movement and rehabilitation.

Invited Speaker: Prof James F GRIFFITH



**Chairman,
Department of Imaging and
Interventional Radiology,
The Chinese University of Hong Kong**

Prof James Griffith is Chairman of the Department of Imaging and Interventional Radiology, , The Chinese University of Hong Kong. He has an interest in all aspects of musculoskeletal radiology, particularly ultrasound and the pursuit of new innovative imaging methods and analytics.

Soon after completing medical school training at University College Cork, Ireland in 1983, he moved to the UK where he underwent further medical training acquiring the MRCP in June 1988. He received his radiological training on the West Midlands Radiology Rotation, UK and, in 1995, moved to his present position at The Chinese University in Hong Kong.

Prof Griffith has close ties with the International Skeletal Society being Chair of the Asian Outreach Program from 2017 to 2019 and Chair of the Global Outreach Program from 2019 to 2013. He has also been on the Annual Scientific Program Committee for many years and is a panel member of the Don Resnick Visiting Professor Program.

He was president of the AMS between 2018 and 2020. He is on the editorial board of Skeletal Radiology, QIMS, and Seminars in Musculoskeletal Radiology. He has written 354 peer review scientific papers (H-index 50) and is currently writing the 3rd Edition of the 774-page educational textbook, Diagnostic Ultrasound: Musculoskeletal.

Invited Speaker: Prof Guillaume HERZBERG



**Professor,
Orthopaedic Surgery,
Edouard Herriot University Hospital**

Prof. Guillaume Herzberg is an orthopedic surgeon specializing in shoulder and upper extremity surgery for adults (fractures, arthroscopies, arthroplasties). He is the author of more than 500 scientific publications and books, Member of the French Academy of Surgery, Member of the European Shoulder and Elbow Society, of the French Arthroscopy Society, Past-President of the French Society of Hand Surgery (2015), Past-President of the European Wrist Arthroscopy Society (2017), current Co-director of the IWIW (International Wrist Investigators Workshop).

Prof. Herzberg completed his entire professional training in Lyon, France and benefited from initial training at the Mayo Clinic in Rochester, Minnesota (United States), under the supervision of Prof. Cofield, for shoulder surgery, and at the Presbyterian Hospital in New York, under the supervision of Prof. Neer. As a Professor of Orthopaedic and Traumatologic Surgery (Lyon), former Head of Department at the Herriot Hospital in Lyon, he trained in Lyon, Paris, Lausanne (Switzerland), Rochester, Mayo Clinic (United States), Boston, Jackson, Mississippi, Toronto (Canada), Los Angeles. He maintains daily contact with several leading international teams and teaches in the United States, China, and Australia

Invited Speaker: Dr Pak-cheong HO



**Honorary Clinical Professor,
Department of Orthopaedics & Traumatology,
The Chinese University of Hong Kong**

Dr Ho is currently the Clinical Professor (honorary) of the Department of Orthopaedics & Traumatology at the Chinese University of Hong Kong. His main research interest is on Hand & Wrist Arthroscopic Surgery.

Others include congenital hand differences, rheumatoid hand, paralytic hand reconstruction and microsurgery. Ho was the President of the Hong Kong Society for Surgery of the Hand in 2008-2010. In 2012, he was awarded the Whipple Prize for recognition of his distinguished contribution in wrist arthroscopic surgery.

In 2015 he was appointed as the President of the European Wrist Arthroscopy Society (EWAS) (2015-2016) as well as the Founding President of the Asia Pacific Wrist Association (APWA) (2015-2017).

Invited Speaker: Ms Ngan Chung LEUNG



**Registered Occupational Therapist,
Department of Occupational Therapy,
Alice Ho Miu Ling Nethersole Hospital**

Ms Leung Ngan Chung is an Advanced Practice Occupational Therapist at Alice Ho Miu Ling Nethersole Hospital. With a Master's in Stroke and Clinical Neurosciences from The Chinese University of Hong Kong, she specializes in developing rehabilitation programs for orthopedic patients. Leung is also a Certified Bowen Therapist and has presented research on 3D printing technology in occupational therapy. She actively participates in professional training, serving as a team leader in her department and a member of the Hong Kong Society of Hand Therapy.

Invited Speaker: Dr Bo LIU



**Consultant,
Hand Surgery Department,
Beijing Ji Shui Tan Hospital**

Dr Bo LIU is an Orthopaedic Surgeon with over two decades of expertise in hand, wrist, and peripheral nerve surgery. He currently serves as a Consultant Hand Surgeon at Beijing Ji Shui Tan Hospital and holds the positions of Professor at both Peking University and Capital Medical University in Beijing, China.

Dr LIU hold Fellowships of the Royal College of Surgeons of Edinburgh (FRCS Orth) and the Hong Kong College of Orthopaedic Surgeons (FHKCOS). He is serving as higher Orthopaedic Trainer for HKCOS and his commitment to education is further exemplified by his role as the Chairman of the Education Committee for the Asia Pacific Wrist Association (APWA). Dr LIU is also an innovator in wrist arthroscopic surgery and robotic assisted wrist surgery, having developed surgical techniques that have advanced the field of hand and wrist surgery.

Invited Speaker: Dr Michael Chu-kay MAK



**Consultant,
Department of Orthopaedics and Traumatology,
Prince of Wales Hospital,
Hong Kong**

**Honorary Clinical Associate Professor,
Department of Orthopaedics and Traumatology,
The Chinese University of Hong Kong**

Dr. Michael MAK currently holds the position of Consultant in the Department of Orthopaedics and Traumatology at Prince of Wales Hospital. He also serves as an Honorary Clinical Associate Professor in the Department of Orthopaedics and Traumatology at The Chinese University of Hong Kong, a position he has held since 2020.

His focus on medical research has made a lot of contributions to the field. His work in personalized medicine revolutionized disease diagnosis and treatment, leading to improved patient outcomes. He has received numerous awards in orthopaedics and traumatology, including Best Paper in Paediatric Orthopaedics, a Certificate of Merit for a presentation on ambulatory upper limb surgery, an Outstanding Teams Award for his contributions to the Hospital Replantation Team, a Hand and Wrist Biomechanics International scholarship award, and a Best Paper Award for his research in thumb duplication reconstruction.

Invited Speaker: Prof Mark ROSS



**Professor,
Orthopaedic Surgery,
The University of Queensland**

Prof Mark Ross is current President of the Australian Hand Surgery Society and Immediate Past President of the Shoulder and Elbow Society of Australia, Mark Ross is a Professor of Orthopaedic Surgery at the University of Queensland. He is the Director of the Upper Limb Fellowship Programme at Princess Alexandra Hospital, and a founder and co-director of the Brisbane Hand and Upper Limb Research Institute. He has a special interest in distal radius fractures, carpal instability, complex reconstructive and revision surgery, and is actively involved in the development of new surgical techniques and new joint replacement technologies, and advocating for specialist staff in the public hospital.

Professor Ross graduated from The University of Queensland with MBBS in 1987. He completed his FRACS in Orthopaedic Surgery in 1996 and undertook a fellowship in Hand and Upper Limb Surgery at the Princess Alexandra Hospital in 1997, before travelling to the USA to undertake a 12-month Fellowship at the Kleinert Institute for Hand and Microsurgery in Louisville, Kentucky.

Invited Speaker: Dr Jui-Tien SHIH



**Senior Consultant,
Department of Orthopaedic Surgery,
Taoyuan Armed Forces General Hospital**

Dr Jui-Tien SHIH is Senior Consultant in the Department of Orthopaedic Surgery at Taoyuan Armed Forces General Hospital. He has made significant contributions to the field of wrist arthroscopy, particularly in the treatment of stable non-union, unstable non-union, or non-union of the scaphoid with early degenerative radioscaphoid arthritis. His work involves advanced techniques in wrist arthroscopy, including arthroscopic bone grafting, dorsal capsulodesis, and partial wrist fusion.

He is also actively involved in teaching and training other surgeons in these advanced techniques, as evidenced by his participation in workshops and conferences.

Invited Speaker: Dr Wing-lim TSE



**Consultant,
Department of Orthopaedics and Traumatology,
Prince of Wales Hospital,
Hong Kong**

**Honorary Clinical Associate Professor,
Department of Orthopaedics and Traumatology,
The Chinese University of Hong Kong**

Dr Wing-lim TSE is a Consultant in the Department of Orthopaedics and Traumatology at Prince of Wales Hospital. With extensive training and experience in orthopaedic surgery, Dr TSE has established a distinguished career focused on patient care and medical education. He is also an Honorary Clinical Associate Professor at The Chinese University of Hong Kong, where he contributes to the training of future healthcare professionals.

His subspecialty interests are Hand and Wrist arthroscopic surgery, Microsurgery as well as Congenital upper limb differences. In addition to his clinical and academic roles, Dr Tse participates in various professional organizations, like the Hong Kong Society for Surgery of the Hand & Asia Pacific Wrist Association

Invited Speaker: Dr Eva-Maria BAUR



**Hand and Plastic Surgeon,
Germany**

Dr. Eva-Maria Baur is a highly accomplished German plastic and hand surgeon. She earned her medical degree from the University of Heidelberg in 1992.

Dr. Baur holds multiple board certifications, including in Hand Surgery (EBHS, FESSH), Plastic Surgery, and General Surgery. Since 2010, she has served as Head of the Department of Plastic and Hand Surgery at Penzberg Hospital and co-manages a private practice in Murnau. Previously, she worked as a consultant at the University Clinic Innsbruck and the DRK-Klinik Baden-Baden, specializing in hand and microsurgery.

A dedicated leader in her field, Dr. Baur has held key roles in professional societies, including President of the German Society for Hand Surgery (DGH, 2020–2021) and board member of ICOPLAST. She is also an active participant in humanitarian missions, providing surgical care in India, Peru, Rwanda, and Colombia.

Invited Speaker: Dr Keiji FUJIO



**Chief Consultant,
Orthopedics & Hand Surgery Centre,
Kansai Electric Power Hospital**

**Clinical Professor,
Kansai Medical University and Kyoto University**

Dr Keiji Fujio is a distinguished orthopedic surgeon specializing in hand and wrist surgery, with a career spanning over three decades. He graduated from Osaka Medical University in 1985 and further honed his expertise through advanced training at Kyoto University and Columbia University's Carroll Hand Center.

Dr Fujio has held prominent positions, including Chief of Orthopedics at Kokura Memorial Hospital, Director of Orthopedics and Rehabilitation at Kitano Hospital, and Chief of Hand Surgery at Kansai Electric Power Hospital. Since 2020, he has served as Director of Osaka Global Orthopedic Hospital and as a Clinical Professor at Kyoto University.

A respected figure in his field, Dr Fujio is an active member of several prestigious organizations, including the International Federation of Societies for Surgery of the Hand (IFSSH) and the Asian Pacific Wrist Association (APWA), where he serves as Vice President. His research focuses on wrist surgery, with publications in renowned journals.

Dr Fujio is renowned for his contributions to arthroscopic techniques and the treatment of conditions like Kienbock's disease and TFCC injuries. His dedication to advancing hand surgery has earned him global recognition and numerous leadership roles in professional societies.

Invited Speaker: Dr Young Keun LEE



**Associate Professor,
Department of Orthopaedic Surgery,
Jeonbuk National University Hospital**

Dr. YK Lee is an Associate professor of the Department of Orthopedic Surgery, Research Institute of Clinical Medicine of Jeonbuk National University – Biomedical Research Institute of Jeonbuk National University Hospital, Jeonju, Jeonbuk, Republic of Korea.

Director in the Korean Society for Surgery of the Hand, Korean Society for Microsurgery, and the Korean Society for surgery of the Peripheral nerve. Founding board member in Asia Pacific Wrist Association. Awarded 4 times best paper at the Korean Society for surgery of the Hand and 2 times best paper at the Korean Society for Microsurgery. Has made over 70 scientific publication and received “Best Professor Award” in 2023 from Jeonbuk National University Medical School.

Invited Speaker: Dr Toshiyasu NAKAMURA



**Professor,
Department of Orthopaedic Surgery,
International University of Health and Welfare**

Dr. Toshiyasu Nakamura is a renowned Japanese orthopedic surgeon and researcher specializing in hand and wrist surgery. He earned his medical degree from Keio University in 1988 and later completed his PhD in 1994. With over three decades of experience, Dr. Nakamura has held prestigious positions, including Professor at the International University of Health and Welfare in Tokyo and research fellowships at the Mayo Clinic and State University of New York at Buffalo.

A pioneer in the biomechanics of the wrist, Dr. Nakamura has authored 27+ book chapters and 105+ peer-reviewed papers, focusing on the triangular fibrocartilage complex (TFCC), distal radioulnar joint (DRUJ) instability, and innovative surgical techniques. His work has significantly advanced the understanding and treatment of wrist disorders.

Dr. Nakamura is actively involved in global academic collaborations and serves as a key figure in international hand surgery societies. His contributions to arthroscopic and open repair methods for TFCC injuries are widely recognized.

Invited Speaker: Dr Zhe ZHAO



**Deputy Chief Physician,
Second People's Hospital of Shenzhen**

Dr. Zhao Zhe is a distinguished orthopedic surgeon specializing in hand, wrist, foot, and ankle surgery. Currently serving as a Deputy Chief Physician at The Second People's Hospital of Shenzhen (affiliated with Shenzhen University), he combines clinical expertise with academic leadership as an Associate Professor and Master's Supervisor.

Dr. Zhao earned his medical degree from NanHua Medical College (2008) and a Master's degree from Guangzhou Medical College (2011). Over his career, he has progressed from trainee to attending physician and now holds a senior role, focusing on microsurgical repair, minimally invasive techniques, and trauma reconstruction. His research spans innovative treatments such as wrist arthroscopy-assisted reduction for distal radius fractures and arthroscopic partial trapezicotomy for carpometacarpal joint arthrosis, with numerous publications in leading Chinese journals like Chinese Journal of Hand Surgery and Chinese Journal of Trauma.

Invited Speaker: Dr Jeffrey ECKER



**Director,
Hand and Upper Limb Centre and Wrist + Hand
Institute**

Mr. Jeff Ecker is a globally recognized Australian hand and wrist surgeon with over 35 years of expertise in orthopaedic, plastic, and microsurgery. A Fellow of the Australian Orthopaedic Association (FACntIA) and Royal Australasian College of Surgeons (FRACS), he trained at leading institutions including Duke University (USA), the University of Southern California, and Oxford University (UK).

As President of the Asia Pacific Wrist Association (APWA) and past leader of the Australian Hand Surgery Society, Mr. Ecker is a key figure in advancing wrist arthroscopy and complex hand reconstructions. His pioneering work includes arthroscopic techniques for scaphoid non-unions, TFCC repairs, and DRUJ instability, documented in 22 textbook chapters and 105 peer-reviewed publications.

A sought-after speaker, he has delivered 95 invited lectures worldwide (48 international) and chaired panels for organizations like the American Society for Surgery of the Hand (ASSH) and Federation of European Societies for Surgery of the Hand (FESSH). His innovations, such as "dry" DRUJ arthroscopy and 3D-printed osteotomy guides, have reshaped surgical practices.