

5th International Conference on Fragility Fracture (ICFF): Breaking Barriers – Innovations and Advances in Fragility Fracture Management

Orthopaedic Learning Centre, Department of Orthopaedics & Traumatology, CUHK
Supporting organization: Fragility Fracture Network Hong Kong SAR
May 16th, 2026

Day 1	Topic	Speaker
Saturday Inter-hospital Meeting (8:30-10:20 am)		
Moderator:		
- Dr Ronald Man Yeung WONG (Clinical Associate Professor, Dept of O&T, CUHK; President, FFN HKSAR)		
Topic: "Complex Fragility Fractures – Rapid Fire Case Discussions"		
Speakers:		
- Dr Shing Hing CHOI (Consultant, Dept of O&T, PMH; Council Member FFN HKSAR) - Prof Samir MEHTA (Associate Professor, Dept of Orthopaedic Surgery, University of Pennsylvania; Chief, Orthopaedic Trauma Service, Hospital of the University of Pennsylvania) - Dr Ronald Man Yeung WONG (Clinical Associate Professor, Dept of O&T, CUHK; President, FFN HKSAR) - Prof Emil SCHEIMITSCH (Richard Ivey Professor and Chair, Dept of Surgery, Western University; Chief of Dept of Surgery, London Health Sciences Centre and St. Joseph's Health Centre London) - Prof Pierre GUY (Professor, Dept of Orthopaedics, University of British Columbia; Head, Division of Orthopaedic Trauma, Vancouver General Hospital) - Dr Kin Bong LEE (Consultant, Dept of O&T, QEH) - Prof Zsolt BALOGH (Professor and Head of Surgery & Traumatology, School of Medicine and Public Health, University of Newcastle; Director of Surgery & Trauma Services, John Hunter Hospital) - Prof Benjamin OLLIVERE (Professor of Orthopaedic Trauma and Head of Dept for Trauma, Orthopaedics and Sports Medicine; Associate Faculty Pro Vice Chancellor for Research & Knowledge Exchange, University of Nottingham)		
Registration and Coffee Break (10:00 am – 10:30 am)		
Moderators:		
- Dr Ronald Man Yeung WONG (Clinical Associate Professor, Dept of O&T, CUHK; President, FFN HKSAR) - Prof. Wing Hoi CHEUNG (Professor, Dept of O&T, CUHK, Honorary Treasurer, FFN HKSAR) - Dr Sheung Wai LAW (Clinical Professional Consultant, Dept of O&T, KWH; Council Member, FFN HKSAR)		
10:30 am	Opening Ceremony	Prof Patrick Shu Hang YUNG (Professor and Chairman, Dept of O&T, CUHK) Dr Ronald Man Yeung WONG (Clinical Associate Professor, Dept of O&T, CUHK; President, FFN Hong Kong SAR)
10:40 am	Welcome Speech by President of Global Fragility Fracture Network	Prof Takeshi SAWAGUCHI (Professor, Dept of Traumatology, Fukushima Medical University; Director, Pelvic Trauma and Joint Reconstruction)
Theme 1: Treating Osteoporosis and Managing Hip Fractures in the Real-world Setting		

10:45 am	Managing Very High Fracture Risk Patients in the Real World: From Evidence to Clinical Experience	Prof Serge FERRARI (Professor, Dept of Medicine, University of Geneva; Head, Division of Bone Diseases, University Hospital of Geneva; Vice-Dean, Translational Research and Development)
11:15 am	Understanding Osteoporosis: Insights into Long Term Care and Real-World Evidence	Prof David KENDLER (Professor, Dept of Medicine, The University of British Columbia)
11:45 am	Modifiable Predictors of Hip Fracture Mortality and Potential Margin for Improvement	Prof Zsolt BALOGH (Professor and Head of Surgery & Traumatology, School of Medicine and Public Health, University of Newcastle, Director of Surgery & Trauma Services, John Hunter Hospital)
12:15 am	Real World Study: Incorporating Vertebral Fracture Assessment into Fracture Liaison Services	Dr Ronald Man Yeung WONG (Clinical Associate Professor, Dept of O&T, CUHK; President, FFN Hong Kong SAR)

PHOTO SESSION (12:40 – 12:50pm)

Lunch (12:50 – 1:45pm) **Provided to All Registered Participants**

Moderator: Dr Raymond Wai Kit NG (Associate Consultant, Dept of Orthopaedic Rehabilitation, TPH; Honorary Secretary, FFN HKSAR)

Lunch Symposium Speaker: Prof. Charles Inderjeeth
(Professor, School of Medicine & Pharmacology, University of Western Australia
Consultant Physician, Rheumatology and Geriatric Medicine)

Moderators:

- Dr Ka Hei LEUNG (Associate Consultant, Dept of O&T, PYNEH; Council Member, FFN HKSAR)
- Dr Albert Yung Chak HSU (Consultant, Dept of O&T, UCH, Council Member, FFN HKSAR)
- Dr Kendrew Yu Hei CHOI (Resident, Dept of O&T, PWH)

Theme 2: Fragility Fractures – Innovations and Surgical Challenges in the Operation Theatre

1:45 pm	Artificial Intelligence in Hip Fracture Care	Prof Pierre GUY (Professor, Dept of Orthopaedics, University of British Columbia; Head, Division of Orthopaedic Trauma, Vancouver General Hospital)
2:15 pm	Management of Periprosthetic Fragility Fractures – Tips and Tricks	Prof Emil SCHEMITSCH (Richard Ivey Professor and Chair, Dept of Surgery, Western University; Chief of Dept of Surgery, London Health Sciences Centre and St. Joseph's Health Centre London)
2:45 pm	Approach to Fragility Pelvis Fractures – Rationale, Timing and Technique	Dr Samir MEHTA (Associate Professor, Dept of Orthopaedic Surgery, University of Pennsylvania; Chief, Orthopaedic Trauma Service, Hospital of the University of Pennsylvania)

Coffee/Snack break (3:15 pm – 3:45 pm)**Moderators:**

- Dr Angela Wing Hang HO (Consultant, Dept of O&T, CMC; Council Member, FFN HKSAR)
- Dr Kenneth Cheuk Kee NG (Consultant, Dept of O&T, TKOH; Council Member, FFN HKSAR)
- Dr John Chun Fung CHAN (Associate Consultant, Dept of O&T, TMH; Council Member, FFN HKSAR)

Theme 3: Managing Sarcopenia and Rehabilitation in Fragility Fractures – Insights and Future Directions

3:45 pm	What's New for Sarcopenia and Treatment	Prof Gustavo DUQUE (Professor, Department of Medicine, McGill University; Director, Simone & Edouard Schouela Centre of Excellence for Sustainable Health of Seniors)
4:15 pm	Enhanced Recovery after Surgery for Hip Fracture Patients – What's New?	Prof Benjamin OLLIVERE (Professor of Orthopaedic Trauma and Head of Dept for Trauma, Orthopaedics and Sports Medicine; Associate Faculty Pro Vice Chancellor for Research & Knowledge Exchange, University of Nottingham)
4:45 pm	Rehabilitation after Ankle and Wrist Fragility Fractures: Emerging Evidence and Future Directions	Prof David KEENE (Kadoorie Professor of Trauma Rehabilitation, University of Oxford; Clinical Academic Physiotherapist, Royal United Hospital Bath NHS Trust)
5:15 pm	Closing Speech	

****this is a tentative program and may be subject to changes****