



矯形外科及創傷學系
Department of Orthopaedics and Traumatology

Evening Seminar

Exercise Physiology & The Effectiveness of Community Group and Home-Based Falls Prevention Exercise Programmes on Bone Health in Older People



Professor Katherine BROOKE-WAVELL

Professor in Skeletal Physiology, Exercise and Ageing
School of Sport, Exercise and Health Sciences
Loughborough University, United Kingdom

Date and Time

12 January 2026 (Monday), 1830-2130

Venue

Rooms 1005 and 1006, CUHK Medical
Centre, 9 Chak Cheung Street, Shatin, NT

Course Fee

Free (REGISTRATION REQUIRED)

Accreditations

Pending

Registration Deadline

8 January 2026

Capacity

60



FREE REGISTRATION

Supported by

MSc Programme in Musculoskeletal
Medicine, Rehabilitation and Geriatric
Orthopaedics

Course Secretariat

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